# DOCTORATE IN CLINICAL PSYCHOLOGY

#### **Doctorate in Clinical Psychology Program Description**

The Doctoral degree in Clinical Psychology (Psy.D.) at Bryant University is a practitioner-based program to prepare graduates to provide clinical services across a broad range of settings. The program adheres to the scholar-practitioner model of training, which emphasizes skills in the practice of clinical psychology from an empirical, research-based perspective. While the emphasis of training is focused on clinical practice, it is with the understanding that the foundation of good clinical practice is scientifically based. As such, students receive extensive training in the production, interpretation, dissemination, and critical evaluation of psychological science. All candidates must complete a doctoral research project before graduating from the program.

Students receive a well-rounded education in the general practice of clinical psychology, utilizing multiple perspectives in understanding the human condition, including but not limited to developmental, cognitive, sociocultural, and biological viewpoints. Students participate in didactic and experiential training in treatment utilizing individual, group, and systemic approaches. Students also develop broad assessment skills in intellectual, personality, and cognitive assessment. Knowledge and sensitivity to sociocultural aspects of behavior and pathology are integrated throughout the curriculum.

The Psy.D. program offers two concentrations, one in child and adolescent psychology and another in health psychology. The need for clinicians skilled in the assessment and treatment of children and adolescents is high, and we produce clinicians who can provide the highest quality services to this important population. Additionally, we face a variety of national and international health crises, with many of the most debilitating and costly diseases being significantly behaviorally based. The health psychology concentration prepares students to assess and treat various psychological factors in the development and maintenance of a variety of medical illnesses, ideally increasing prevention efforts and minimizing morbidity and mortality outcomes from a variety of diseases. In all areas of training, the ability to work effectively in interdisciplinary teams is emphasized.

# **Program Aim**

The aim of the program is to prepare health service psychologists to assess and treat the behavioral health needs of all populations and communities using research to guide service provision.

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#### **Required Courses:**

PSY 501	Ethics and Professional Issues	3
PSY 502	Psychological Assessment I: Intellectual	3
PSY 503	Developmental Psychology	3
PSY 504	Adult Psychopathology	3
PSY 505	Foundational Clinical Skills	3
PSY 506	Psychological Assessment II: Personality	3
PSY 507	Research Design and Methods	3
PSY 508	Cognitive/Affective Bases of Behavior	3
PSY 509	History and Systems of Psychology	3
PSY 510	Integrative Psychological Assessment	3
PSY 511	Theories of Measurement	3
PSY 512	Biological Bases of Behavior	3
PSY 513	Child and Adolescent Psychopathology	3
PSY 601	Assessment Practicum and Seminar	1
PSY 602	Diversity and Individual Differences	3
PSY 603	Psychological Statistics I	3
PSY 605	Group Psychotherapy	3
PSY 606	Psychological Statistics II	3
PSY 608	Psychopharmacology	3
PSY 609	Social Aspects of Behavior	3
PSY 610	Intervention Practicum and Seminar	1
PSY 701	Family Systems	3
PSY 702	Assessment and Treatment of Severe Persistent Mental Illness	3
PSY 703	Business of Behavioral Health	3
PSY 704	Advanced Practicum and Seminar	1
PSY 707	Consultation and Supervision	3

2

PSY 800	Doctoral Research Project: Proposa	ıl	1	PSY 505	Child 3
PSY 801	Doctoral Research Project		3		and
PSY 802	Internship		3		Adolescent Psychopathology
	ctives Required: Students must pick 2	courses from		PSY 506	Research 3
the list below:				F31 300	Design
PSY 611	Cognitive Behavioral Therapy		3		and
PSY 612	Advanced Cognitive Behavioral The	rapy	3		Methods
PSY 613	Psychodynamic Approaches to The	rapy	3	PSY 507	Psychological 3
PSY 708	Couples and Family Therapy		3		Assessment
PSY 709	Trauma Focused Interventions		3		II:
PSY 710	Dialectical Behavior Therapy		3		Personality
PSY 711	Acceptance Commitment Therapy		3		Term 12
	tives Courses Required: Students can				Credit Hours
	ocus area: Child & Adolescent or Heal			Summer	Houis
courses from an Health.	y of the areas: Intervention, Child & A	dolescent or		PSY 508	Developmental 3
Health Conce	manadian			F31 300	Psychology
PSY 614			3	PSY 509	Cognitive/ 3
	Health Psychology			1 0 1 003	Affective
PSY 615	Assessment in Health Psychology		3		Bases of
PSY 712	Interventions in Medical Settings		3		Behavior
PSY 713	Chronic Pain/Illness Management		3		Term 6
	plescent Concentration		0		Credit
PSY 616	Pediatric Psychology		3		Hours
PSY 714	Child and Adolescent Assessment		3	Second Year	
PSY 715	Child and Adolescent Psychotherap	-	3	Fall	
PSY 716	Advanced Child and Adolescent Psy	chopathology	3	PSY 510	Group 3
A minimum of 11	12 credit hours required for graduation	ı. Assessment an	nd	PSY 511	Psychotherapy
Practicum Seminar, Intervention Practicum Seminar, Advanced Practicum			ım	PS ( 511	Biological 3 Bases of
	al Research and Internship are register	red for more than			Behavior
once.				PSY 512	Psychological 3
First Year					Statistics
Fall		Cred	dit		I
		Hou	ırs	PSY 513	Assessment 3
PSY 500		Ethics	3		Practicum
		and			and
		Professional			Seminar I
		Issues			Term 12
PSY 501		Psychological	3		Credit
		Assessment I:			Hours
		Intellectual		Spring	
PSY 502		Adult	3	PSY 514	History 3
		Psychopathology	у		and
PSY 503		Clinical	3		Systems
		Skills I			of Psychotherapy
			12	PSY 515	
		Credit		F31 313	Psychological 3 Statistics
		Hours			II
Spring		01: : .	_	PSY 516	Diversity 3
PSY 504		Clinical Skills II	3		and
		OVIII9 II			Individual
					Differences

PSY 517	Assessment Practicum	3	Intervention Elective - See course listing PSY 630	Comprehensiv	3 re 0
	Seminar II			Exam II	
	Term Credit Hours	12	Fourth Year	Term Credit Hours	6
Summer			Fall		
PSY 518	Research Practicum Seminar	3	PSY 607	Business of Behavioral	3
PSY 614	Comprehensive Examination I	e 0	PSY 608	Health Doctoral Research	3
	Term Credit Hours	3	PSY 609	Project I Advanced Practicum	3
Third Year Fall				and Seminar	
PSY 600	Psychopharma	co <b>£</b> og		I	
PSY 601	Social	3	Elective - see course listing		3
	Aspects of Behavior			Term Credit Hours	12
PSY 602	Intervention	3	Spring		
	Practicum and Seminar I		PSY 610	Consultation and Supervision Seminar	1
Intervention Elective - See course listing		3	PSY 611	Doctoral	3
	Term Credit Hours	12		Research Project Seminar II	
Spring	Camaille.	2	PSY 612	Advanced	3
PSY 604	Family Systems Assessment and	3	101012	Practicum and Seminar	3
	Treatment		Elective - see course listing	11	3
	of Severe		Elective See course listing	Term	10
	Persistent Mental Illness		Summer	Credit Hours	
PSY 605	Intervention Practicum and Seminar	3	PSY 613	Doctoral Research Project Seminar III	3
Elective - see course listing		3		Term	3
	Term Credit Hours	12		Credit Hours	3
Summer					
PSY 606	Doctoral Research Project: Proposal	3			

#### Fifth Year Fall **PSY 700** 1 Internship 1 Term Credit Hours **Spring PSY 701** Internship 1 Term 1 Credit Hours Summer **PSY 702** Internship Ш Term 1 Credit Hours Total 115 Credit Hours:

# **Electives:**

#### Intervention Specific Electives:

PSY 615	Cognitive Behavioral Therapy	3				
PSY 616	Advanced Cognitive Behavioral Therapy	3				
PSY 617	Psychodynamic Approaches to Therapy	3				
PSY 618	Couples and Family Therapy	3				
PSY 619	Trauma Focused Interventions	3				
PSY 620	Dialectical Behavior Therapy	3				
PSY 621	Acceptance Commitment Therapy	3				
Health Concentration Electives:						
PSY 622	Health Psychology	3				
PSY 623	Assessment in Health Psychology	3				
PSY 624	Interventions in Medical Settings	3				
PSY 625	Chronic Pain/Illness Management	3				
Child and Adolescent Concentration Electives						
PSY 626	Pediatric Psychology	3				
PSY 627	Child and Adolescent Assessment	3				
PSY 628	Child and Adolescent Psychotherapy	3				
PSY 629	Advanced Child and Adolescent Psychopathology	3				
OPTIONAL ELECTIVES: See Program Director						
PSY 632	Supplemental Practicum	3				
PSY 633	Research Field Work	3				

#### Courses

# PSY 500. Ethics and Professional Issues. 3 Credit Hours.

Ethical principles and professional guidelines are thoroughly examined and reviewed with a particular focus on the APA Ethics Code. Students practice the application of ethical decision-making models to case studies and professional practice.

Session Cycle: Every Fall Semester.

#### PSY 501. Psychological Assessment I: Intellectual. 3 Credit Hours.

This course covers the administration, scoring, and interpretation of major intelligence and achievement assessments. Emphasis is placed on administration and report writing skill development. Factors such as individual and cultural diversity issues impacting assessment are also covered.

Session Cycle: Every Fall Semester.

#### PSY 502. Adult Psychopathology. 3 Credit Hours.

This course presents a broad overview of adult psychopathology, including, but not limited to, psychosis, mood, anxiety and personality disorders Course participants will examine and review critically the major historical and current perspectives regarding the etiology, diagnosis, and treatment of adult psychiatric disorders and will apply these to evidence-based clinical practice. Students will learn about the DSM and ICD classification systems, their controversies, and how to use these systems in clinical practice to use a common diagnostic language to facilitate assessment and treatment. The course will also examine the impact of socio-cultural variables on the development, personal experience, and meaning of psychiatric illness.

Session Cycle: Every Fall Semester.

#### PSY 503. Clinical Skills I. 3 Credit Hours.

A laboratory-based clinical skills course designed to introduce students to foundational and science-informed principles in applied clinical psychology. develop foundational interviewing and intervention skills essential to obtaining relevant clinical information, determining appropriate diagnoses, assessing and managing suicide risk, establishing an effective therapeutic relationship, and promoting behavior change. In addition, this course examines psychotherapy as a change agent. Attention is directed to an examination of the therapeutic processes encountered in clinical practicum; and emphasis is placed on the integration of theory to practice, the role of personal factors in psychotherapy, and multicultural competence. Clinical Skills Intensive I. focuses on factors associated with the establishment of the therapeutic alliance, diagnosis, and case conceptualization. Students are engaged in a minimum of 10 hours per week of clinical activity in field placements. Session Cycle: Every Fall Semester.

# PSY 504. Clinical Skills II. 3 Credit Hours.

A laboratory-based clinical skills course designed to build upon foundational and science-informed principles in applied clinical psychology. Attention is directed to an examination of the therapeutic processes encountered in clinical practicum. The empirical foundations of psychotherapy are addressed with an emphasis on practice implications of current therapy research on readiness for change, efficacy and effectiveness, client-therapist variables and the therapeutic relationship. Clinical Skills Intensive II. focuses on implementing treatment plans, assessing the effects of therapeutic interventions, and addressing strains within the therapeutic alliance. Students are engaged in a minimum of 10 hours per week of clinical activity in field placements.

Session Cycle: Every Spring Semester.

# PSY 505. Child and Adolescent Psychopathology. 3 Credit Hours.

This course provides an overall introduction to psychopathology and diagnostic clinical work with children and adolescents. It includes an overview of classification, the context of normal development, diagnostic procedures and techniques, issues of culture and diversity in regard to assessment and diagnosis, as well as some of the biological underpinnings of psychological development (genetics, temperament, etc.).

Session Cycle: Every Fall.

#### PSY 506. Research Design and Methods. 3 Credit Hours.

Quantitative and qualitative research designs (randomized groups, correlated groups, mixed, single subject, quasi-experimental, ethnography, case study) are examined in detail through written critiques of published research studies. Types of research (ex post facto, laboratory experiments, field experiments and studies, surveys, ethnography and case studies) and methods of observation and data collection (interview and interview schedules, objective tests and scales, projective methods and content analysis, observation of behavior, semantic differential and Q methodology, and psychophysiological methods) are reviewed in detail. Consideration is also given to sex and gender issues and legal and ethical issues in clinical research.

Session Cycle: Every Spring Semester.

#### PSY 507. Psychological Assessment II: Personality. 3 Credit Hours.

This course covers the administration, scoring, and interpretation of major objective and projective assessment techniques. Emphasis is placed on administration and report writing skill development. Factors such as individual and cultural diversity issues impacting assessment are also covered.

Session Cycle: Every Spring Semester.

#### PSY 508. Developmental Psychology. 3 Credit Hours.

This course will provide an overview of developmental theory and research relevant for clinical work with individuals through the life span. Developmental processes of the prenatal period, infancy, toddlerhood, early and middle childhood, adolescence, emerging adulthood, and middle and late adulthood will be examined along with ways to apply developmental knowledge to clinical assessment, intervention, and analyzing ourselves as developing individuals.

Session Cycle: Every Summer Session.

## PSY 509. Cognitive/Affective Bases of Behavior. 3 Credit Hours.

This course will review core theories examining how humans process information and organize their knowledge and emotional experiences. Core theories of cognition and affect will be evaluated based on research relevant to various aspects of thinking and feeling and they influence behavior. Students will be able to see how cognition and affect are multi – dimensional in nature and address specific topics ranging from memory, categorization, language, reasoning and problem solving. Session Cycle: Every Summer.

#### PSY 510. Group Psychotherapy. 3 Credit Hours.

This course is designed to provide basic understanding of groups through didactic and experimental learning by providing an overview of the history, principles, theories, and dynamics of group psychotherapy. Session Cycle: Every Fall.

#### PSY 511. Biological Bases of Behavior. 3 Credit Hours.

A study of the biological foundations of behavior. Topics include anatomy and physiology of the mammalian nervous system; sensory, motor, and neural mechanisms; and the techniques of studying brain structure and function. Where possible, application made to content and practice of clinical psychology.

Session Cycle: Every Fall.

#### PSY 512. Psychological Statistics I. 3 Credit Hours.

This course deals with the principles and techniques of descriptive and inferential statistical methods applied to psychological research and program evaluation. Students learn when and how to apply simple parametric tests and some non – parametric statistical methods. The course places a major emphasis on the interpretation of results and their implications for practice and/or policy.

Session Cycle: Every Fall Semester.

#### PSY 513. Assessment Practicum and Seminar I. 3 Credit Hours.

Students gain supervised assessment experience in an approved clinical setting for 15-20 hours per week per semester. Concurrent participation in the assessment practicum seminar course is required. The seminar focuses on psychological report writing, assessment and diagnostic skills.

Prerequisites: PSY 500 Ethics and Professional Issues, PSY 501 Psychological Assessment I and PSY 507 Psychological Assessment II Session Cycle: Every Fall Semester.

#### PSY 514. History and Systems of Psychotherapy. 3 Credit Hours.

This course provides a comprehensive historical review of the origins and cultural influences that have shaped modern psychology and psychotherapy. Students will explore the development of major psychological theories, research, and practices over time, with an emphasis on critical examination of contemporary counseling and psychotherapy models. The course analyzes the relationship between theoretical frameworks, human development, and counseling practice across diverse settings. Core elements include interviewing techniques, case conceptualization, and the nature of the counseling process. Students will examine various models' approaches to understanding human behavior and facilitating change, while also developing their own personal theory of counseling. Additionally, the course addresses current challenges and ethical issues facing the profession in the 21st century. Session Cycle: Every Spring Semester.

# PSY 515. Psychological Statistics II. 3 Credit Hours.

This course is designed to increase students understanding of advanced analytical techniques in statistics, particularly as they pertain to psychology. The course material will emphasize the feasibility, application, and utilization of these analyses and their application to psychological and psycho-legal issues. Students will develop computer analytic skills to assist in answering professionally relevant questions. Prerequisites: PSY 506 Research Design & Methods and PSY 512 Psychological Statistics I

Session Cycle: Every Spring.

# PSY 516. Diversity and Individual Differences. 3 Credit Hours.

This course examines the impact of diversity, power, and privilege on human behavior. Diversity is broadly defined to include all aspects of individual and group identity such as gender, age, ethnicity, race, sexual orientation, culture, ability status, religion, and socioeconomic status. Session Cycle: Every Spring.

#### PSY 517. Assessment Practicum Seminar II. 3 Credit Hours.

Students gain supervised assessment experience in an approved clinical setting for 15-20 hours per week over the spring semester (with option of summer). Concurrent participation in the assessment practicum seminar course is required. The seminar focuses on refining competencies in psychological report writing, assessment and diagnostic skills. Session Cycle: Every Spring Semester.

#### PSY 518. Research Practicum Seminar. 3 Credit Hours.

The Research Practicum is a supervised, hands-on learning experience designed for PsyD students, requiring a commitment of 10 hours per week in a community-based research setting. This course provides students with the opportunity to apply research methods and techniques in real-world contexts, engage with community stakeholders, and contribute to meaningful projects addressing psychological and social issues. This immersive experience is designed to enhance their understanding of real-world research applications, ethical considerations, and the integration of scientific methods to address community needs. The course aims to prepare students for their doctoral research project. Prerequisites: PSY 500 Ethics & Professional Issues; PSY 506 Research Design & Methods; PSY 512 Psychological Statistics I; PSY 515 Psychological Statistics II

Session Cycle: Every Summer Term.

#### PSY 600. Psychopharmacology. 3 Credit Hours.

This is an introductory course designed to acquaint students with the fundamentals of psychotropic drugs. Basic topics in neurophysiology and psychopharmacology will be covered. The material will be presented with a clinical lifespan orientation.

Prerequisites: PSY 511 Biological Bases of Behavior

Session Cycle: Every Fall Semester.

#### PSY 601. Social Aspects of Behavior. 3 Credit Hours.

The course explores the social behavior of individuals and groups. Social psychology theories and empirical research will provide a foundation and framework for examining and studying social phenomena scientifically. How individuals think about the world, how they understand themselves and others, how they formulate perspectives on the world, as well as the development of prejudice and stereotypes are addressed. Specifically, social psychological research on social perception and social cognition, attitude formation, persuasion, obedience and compliance, prosocial behavior, and fairness in social relationships will be examined to provide a deeper understanding of contemporary clinical and social psychological issues related to class, culture, sexuality, and race.

Session Cycle: Every Fall Semester.

#### PSY 602. Intervention Practicum and Seminar I. 3 Credit Hours.

Supervised intervention experience in an approved clinical setting for 15-20 hours per week over the fall semester. Students concurrently participate in the intervention practicum seminar. Case conceptualization, treatment plans and intervention skills are the focus of this seminar. Prerequisites: PSY 500 - Ethics & Professional Issues, PSY 513 - Assessment Practicum & Seminar I; PSY 517- Assessment Practicum & Seminar II

Session Cycle: Every Fall Semester.

# PSY 603. Family Systems. 3 Credit Hours.

This course offers an integrated psychotherapy framework by examining various modalities of treatment based on a family systems conceptualization. The cultural, class, and spiritual context of family life will be emphasized throughout the semester with critical reflection on how socially embedded factors including race, class, gender, and sexual orientation impact family functioning, resilience, and development. Session Cycle: Spring.

# PSY 604. Assessment and Treatment of Severe Persistent Mental Illness. 3 Credit Hours.

This course will provide an overview of the etiology and symptomatology of thought disorders such as schizophrenia, mood disorders such as bipolar disorder, and severe personality disorders such as borderline and antisocial personality disorders. Special focus will be placed on varied approaches to the treatment of severe psychopathology.

Session Cycle: Every Spring Semester.

#### PSY 605. Intervention Practicum and Seminar II. 3 Credit Hours.

Supervised intervention experience in an approved clinical setting for 15-20 hours per week over the spring semester (with option of summer). Students concurrently participate in the intervention practicum seminar. The seminar focuses on refining competencies in case conceptualization; treatment plans and intervention skills are the focus of this seminar. Session Cycle: Every Spring Semester.

#### PSY 606. Doctoral Research Project: Proposal. 3 Credit Hours.

Students will develop their Doctoral Research Project proposal under the supervision of their project advisor and present it to the graduate committee for approval to begin their project.

Prerequisites: PSY 500 - Ethics & Professional Issues, PSY 506 - Research Design & Methods, PSY 512- Psychological Statistics I and PSY 515 - Psychological Statistics II

Session Cycle: Summer.

#### PSY 607. Business of Behavioral Health. 3 Credit Hours.

An introduction to the business aspects of working in the behavioral health field. This course will focus on necessary skills to function effectively in various settings, including large institutions, large and intermediate-sized group practices, and individual practice. Basic approaches to marketing, budget management, employment law, and other aspects of behavioral health practice will be covered. Session Cycle: Every Fall Semester.

#### PSY 608. Doctoral Research Project I. 3 Credit Hours.

Under the guidance of their project advisor, students begin the design and initial implementation of their doctoral research project.

Prerequisites: PSY 606: Doctoral Research Project: Proposal Session Cycle: Every Fall Semester.

# PSY 609. Advanced Practicum and Seminar I. 3 Credit Hours.

Supervised clinical experience in an approved clinical setting for 15-20 hours per week over the fall semester. The focus of this practicum experience may be in assessment, evidenced-based treatments, consultation and/or supervision. Participation in the advanced practicum seminar is required and will focus on developing and refining advanced assessment, intervention and clinical skills.

Prerequisites: PSY 513 Assessment Practicum & Seminar I and PSY 517 Assessment Practicum & Seminar II; PSY 602 Intervention Practicum I & PSY 605 Intervention Practicum II Session Cycle: Every Fall Semester.

# PSY 610. Consultation and Supervision Seminar. 1 Credit Hour.

Supervision is a distinct professional practice employing a collaborative relationship that has both facilitative and evaluative components, that extends over time, which has the goals of enhancing the professional competence and science-informed practice of the supervisee. We address the following domains of supervision: supervisor competence, diversity, supervisory relationship, professionalism, assessment/ evaluation/ feedback, problems of professional competence, and ethical, legal, and regulatory considerations. Students will have the opportunity to discuss and integrate the subject matter of this course with their practicum experiences.

Session Cycle: Every Spring Semester.

#### PSY 611. Doctoral Research Project Seminar II. 3 Credit Hours.

Students continue the development and execution of their doctoral research project with ongoing support from their project advisor. Prerequisites: PSY 608 Doctoral Research Project Seminar I Session Cycle: Varies.

#### PSY 612. Advanced Practicum and Seminar II. 3 Credit Hours.

Supervised clinical experience in an approved clinical setting for 15-20 hours per week over 10-12 months of the academic year. The focus of this practicum experience may be in assessment, evidenced-based treatments, consultation and/or supervision. Participation in the advanced practicum seminar is required and will focus on developing and refining advanced assessment, intervention and clinical skills. Prerequisites: PSY 513 Assessment Practicum & Seminar I and PSY 517 Assessment Practicum & Seminar II; PSY 602 Intervention Practicum I & PSY 605 Intervention Practicum II; PSY 609 Advanced Practicum I Session Cycle: Spring Semester.

#### PSY 613. Doctoral Research Project Seminar III. 3 Credit Hours.

Students advance toward the final stages of their doctoral research project, working closely with their project advisor to complete the research. A formal oral defense must be conducted in front of the designated doctoral research project committee.

Prerequisites: PSY 611 Doctoral Research Project Seminar II Session Cycle: Every Summer Session.

#### PSY 614. Comprehensive Examination I. 0 Credit Hours.

The purpose of the Comprehensive Examination Part I is to establish high standards of mastery for the integration of knowledge representing what should be known by professional psychologists. Part I is comprised of a general exam and essay and is completed during summer of Year 2. Session Cycle: Summer Term.

#### PSY 615. Cognitive Behavioral Therapy. 3 Credit Hours.

Foundations in cognitive-behavioral therapy are taught in this course with a focus on basic concepts of cognitive, behavioral, and cognitive-behavioral theories. Students are introduced to evidenced-based applications and techniques of various models.

Session Cycle: Varies.

# PSY 616. Advanced Cognitive Behavioral Therapy. 3 Credit Hours.

This course is an in-depth examination of cognitive-behavioral therapy skill application in a variety of settings with a variety of psychological disorders. Practice-oriented clinical skills as well as background research will be covered as regards mood disorders, anxiety disorders, traumarelated disorders, disruptive behavior disorders, substance use disorders, and ADHD, among others. Students will learn essential techniques, they will learn how to use them individually and in combination, and they will learn how to proceed when the techniques do not work. Consideration will also be given to forging a therapeutic alliance, cognitive-behavioral assessment, work with parents, and the integration of cognitive-behavioral treatment with other methods.

Prerequisites: PSY 615 Cognitive Behavior Therapy

Session Cycle: Varies.

## PSY 617. Psychodynamic Approaches to Therapy. 3 Credit Hours.

An overview of the theories and practice of psychodynamic approaches to therapy. The course topics include contemporary psychodynamic approaches such as object relations, ego psychology, and self-psychology.

Session Cycle: Varies.

#### PSY 618. Couples and Family Therapy. 3 Credit Hours.

This course works with the couple's dynamics and history and with the therapist's technical and affective experience in addressing the need of couples and families. The course is designed to evolve clear strategies for intervention in couples' and families work. Particular attention will be paid to the couple's session as a microcosm of the relationship and to the therapist's interventions in the session.

Session Cycle: Varies.

#### PSY 619. Trauma Focused Interventions. 3 Credit Hours.

This course addresses the history, etiology, symptoms, diagnosis, and treatment of trauma-related diagnoses, including post-traumatic stress disorder (PTSD), acute stress disorder (ASD), and common comorbid conditions. Students will be exposed to major research-supported treatment modalities to address trauma-related symptoms. Session Cycle: Varies.

#### PSY 620. Dialectical Behavior Therapy. 3 Credit Hours.

This course provides an in-depth exploration of the theory, application, and practice of DBT. Students will gain an understanding of the four primary modules of DBT: mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. The course will delve into the integrative nature of these modules and their application in diverse clinical settings.

Session Cycle: Varies.

#### PSY 621. Acceptance Commitment Therapy. 3 Credit Hours.

This course delves deeply into the theoretical foundations, practical applications, and clinical interventions of Acceptance and Commitment Therapy (ACT). Students will explore the fundamental principles of ACT, including defusion, acceptance, self-as-context, contact with the present moment, values, and committed action. The course will address the historical and theoretical underpinnings of ACT, drawing connections to its empirical support and theoretical integration within the broader spectrum of clinical psychology.

Session Cycle: Varies.

#### PSY 622. Health Psychology. 3 Credit Hours.

This course explores the theory base of clinical health psychology. The seminar begins with a stress and health exploration of the biological bases of health and disease and includes an overview of psychoneuroimmunology stress and health. The course emphasizes the biopsychological model in understanding health and disease. Session Cycle: Varies.

# PSY 623. Assessment in Health Psychology. 3 Credit Hours.

Students develop skills in assessments specific to medical settings. These include focused clinical interviews, mental status examinations, and brief measures. The course emphasizes providing feedback in medical settings to multidisciplinary teams.

Prerequisites: PSY 622 Health Psychology

Session Cycle: Varies.

# PSY 624. Interventions in Medical Settings. 3 Credit Hours.

This course is designed to prepare students to provide interventions to patients in medical settings based on major scientific theories and models of health behavior. The course emphasizes primary and secondary prevention as well as training in intervention strategies that target specific behavior change and lifestyle.

Prerequisites: PSY 622 Health Psychology

Session Cycle: Varies.

# PSY 625. Chronic Pain/Illness Management. 3 Credit Hours.

Conceptual models and psychological assessment and intervention techniques that have been effective in working with those experiencing chronic pain and/or illness will be reviewed. Particular attention will be spent on supporting individuals with chronic pain/illness to decrease the impact it has on their mood, social functioning, lifestyle, and productivity. Prerequisites: PSY 622 Health Psychology

Session Cycle: Varies.

#### PSY 626. Pediatric Psychology. 3 Credit Hours.

This course provides a conceptual overview of the field of pediatric psychology. Students will learn about the roles of pediatric psychologists in medical settings and the connections between psychological and medical services. The course will also look at the assessment and treatment of children who experience adjustment difficulties due to a medical diagnosis.

Session Cycle: Varies.

#### PSY 627. Child and Adolescent Assessment. 3 Credit Hours.

This course focuses on assessment of cognitive, emotional, and social functioning of children and adolescents. Issues related to assessment of children and adolescent such as clinical interviewing and impact of environment experience will be explored.

Prerequisites: PSY 505 Child and Adolescent Psychopathology Session Cycle: Varies.

#### PSY 628. Child and Adolescent Psychotherapy. 3 Credit Hours.

This course provides a foundation in psychotherapy techniques for interventions with children and adolescents. The course will focus on the development of intervention skills specific to children and adolescents such as cognitive-behavioral, psychodynamic, and family systems interventions.

Prerequisites: PSY 505 Child and Adolescent Psychopathology Session Cycle: Varies.

# PSY 629. Advanced Child and Adolescent Psychopathology. 3 Credit Hours

An in-depth exploration of the major psychological disorders of childhood and adolescence. The course will look at the biological, psychological, and social underpinnings of child and adolescent psychopathology and discuss differential diagnoses.

Prerequisites: PSY 505 Child and Adolescent Psychopathology Session Cycle: Varies.

#### PSY 630. Comprehensive Exam II. 0 Credit Hours.

The purpose of the Comprehensive Examination Part II is to demonstrate, both in written and oral form, the ability to assess, formulate, treat and evaluate their work on a clinical case. Part II is comprised of a case presentation completed during summer of Year 3.

Session Cycle: Summer Term.

#### PSY 632. Supplemental Practicum. 3 Credit Hours.

Supervised clinical experience in an approved clinical setting. Participation in the supplemental practicum seminar is optional and is designed for students to accrue additional supervised clinical hours. This course is offered fall, spring and summer semesters. Session Cycle: Varies.

#### PSY 633. Research Field Work. 3 Credit Hours.

This course offers students the opportunity to participate in off- campus, community-based research relevant to clinical psychology. Students will collaborate with community partners around research that addresses mental health needs and promotes evidence-based interventions in diverse settings.

Session Cycle: Varies.

# PSY 700. Internship I. 1 Credit Hour.

Students must participate in a one-year, full-time 2000-hour internship. The internship is the capstone clinical experience of the doctoral program and must be completed at an APA Accredited or APPIC Member site. Prerequisites: Program Director Approval.

#### PSY 701. Internship II. 1 Credit Hour.

Students must participate in a one-year, full-time 2000-hour internship. The internship is the capstone clinical experience of the doctoral program and must be completed at an APA Accredited or APPIC Member site. Prerequisites: Program Director Approval.

#### PSY 702. Internship III. 1 Credit Hour.

Students must participate in a one-year, full-time 2000-hour internship. The internship is the capstone clinical experience of the doctoral program and must be completed at an APA Accredited or APPIC Member site. Prerequisites: Program Director Approval.