

COLLEGE OF HEALTH AND BEHAVIORAL SCIENCES

The College of Health and Behavioral Sciences offers a diverse selection of academic programs that enable students to explore their individual intellectual interests in disciplines related to health, healthcare, and the behavioral sciences.

The educational programs of the College of Health and Behavioral Sciences focus on helping students develop skills that lead to rewarding professional opportunities and careers.

The College of Health and Behavioral Sciences offers five undergraduate Bachelor of Science degrees:

- **Biology: Tracks in General Biology, Pre-Health, and Environmental Biology**
- **Exercise & Movement Science: Tracks in Applied Exercise and Coaching and Healthcare Provider Prep.**
- **Health Sciences: Tracks in General Health Sciences, Neuroscience and Nutrition**
- **Health Informatics**
- **Psychology**

All College of Health and Behavioral Sciences students complete a business minor and may elect to take additional business courses. *

***Health Informatics students can choose a minor in College of Business or College of Humanities and Social Sciences.**

Business minors are available in:

- Accounting
- Business Administration
- Entrepreneurship
- Finance
- Global Supply Chain Management
- Healthcare Management and Strategy
- Human Resource Management
- Information Systems
- International Business
- Leadership and Talent Management
- Marketing
- Marketing Analytics
- Sales
- Team and Project Management

Mission Statement

The mission of the College of Health and Behavioral Sciences (SHBS) is to educate and train the next generation of leaders who are dedicated to improving the health and well-being of others, and who embrace a collaborative and interdisciplinary approach to solving problems.

Vision

To train students to be prepared to interact with teams of individuals across multiple sectors that are dedicated to lifelong learning and committed to their disciplines, and who possess the fortitude to solve problems that afflict us as a society, a nation, and a world. Our course curriculum and research programs are comprised of multidisciplinary

teams of scientists and scholars who address health, disease, and the human condition using basic science, clinical, behavioral, and community-based research approaches. Working collaboratively with departments throughout the University, our goal is to ensure students understand the scientific foundations of their respective disciplines and the core concepts in their field, while gaining a holistic view of health, human behavior, and mental processes. Graduates will emerge with a skillset required of practitioners, employees, and scholars who will ultimately become change agents, enriching the lives of their community.

Program Goals:

The College of Health and Behavioral Sciences will:

- Provide integrated, practice-based pre-medical, health, healthcare, and behavioral science programs offered at the undergraduate and graduate levels
- Focus on experiential learning opportunities early and often through laboratory work, research, internships, patient care experiences, and shadowing opportunities.
- Offer advanced business and continuing professional education for healthcare professionals and research scientists.
- Develop interdisciplinary programs centered on strong data analytic, financial, management, and strategic skills of healthcare professionals and research scientists.
- Provide leadership training for healthcare providers, scientists, and behavioral scientists.
- Conduct interdisciplinary research and holistic study of the healthcare industry, human behavior, and mental processes.
- Advance outreach and community service activities

Faculty

Dean

Kirsten Hokeness

Associate Dean

Joseph J. Trunzo

Director of PsyD Program

Christina Tortolani

Biological and Biomedical Science Department Chair

Jennifer Hurrell

Psychology Department Chair

Heather Lacey

Biology Program Coordinator

Stephanie Mott

Exercise and Movement Science Program Coordinator

Jason Sawyer

Field Service Program Coordinator

Benjamin Fry

HC Informatics Program Coordinator

Nafees Qamar

Health Sciences Program Coordinator

Kristin Scaplen

Professor

Brian Blais

Professor

Allison Butler

Professor

Ronald J. Deluga

Professor

Kirsten Hokeness

Professor

Heather Pond Lacey

Professor

Qin Leng

Professor

Christopher Reid

Professor

Joseph Trunzo

Professor

Hong Yang

Clinical Associate Professor

Jennifer Hurrell

Associate Professor

Nafees Qamar

Associate Professor

Jason Sawyer

Associate Professor

Kristin Scaplen

Assistant Professor

Melanie Maimon

Assistant Professor

Steven Weicksel

Senior Lecturer

Stephanie Mott

Lecturer

Lindsay Amper

Director of Clinical Training

Lecturer

Benjamin Fry

Lecturer

Robert Patalano

- **Biology: Tracks in General Biology, Pre-Health, and Environmental Biology**
- **Exercise & Movement Science: Tracks in Applied Exercises and Coaching and Healthcare Provider Prep**
- **Health Sciences: Tracks in General Health Sciences, Behavioral Health, and Health Promotion**
- **Health Informatics**
- **Psychology**

Health Science Courses

HS 390. Research Methods in Health Sciences. 3 Credit Hours.

HS 390 is the core required course in research methodology for Health Sciences majors, focusing on the design, implementation, data analyses, and interdisciplinary of health science research. Health Science majors are expected to be well-versed in the conduct and interpretation of various research methodologies in preparation for further study at the graduate level, the workplace, and in life. This course will focus on the major subjects of research design, implementation, and data analysis and interpretation.

Prerequisites: PSY 260 or PSY 263, and COM 280 and MATH 201, and SCI 251 or SCI 265

Session Cycle: Spring

Yearly Cycle: Annual.

HS 391. Health Sciences Internship. 3 Credit Hours.

Students engage in individually supervised work-study arrangements and learn to apply theories and principles of health sciences in a work environment. Students must work at least ten hours per week on the internship (120 hours minimum), meet periodically with a supervising faculty member, research literature related to the field of the internship, and prepare a substantive report on their internship experience and the studies involved. This course is limited to juniors and seniors and requires the approval of a supervising faculty member and the program coordinator.

HS 401. Diseases and Disorders of the Nervous System. 3 Credit Hours.

This course will explore a broad range of major diseases and disorders affecting the nervous system. In this seminar style course, each disease will be discussing at the clinical, physiological, and molecular levels where appropriate. We will critically analyze environmental and genetic predispositions that lead to certain diseases and assess current as well as and potential future treatment strategies. Diseases to be discussed will include diseases of excitability, such as epilepsy, autoimmune disease, such as multiple sclerosis or myestheia gravis, infections such as meningitis, and neurodegenerative diseases (Alzheimer, Parkinson and Huntington's disease) among others.

Prerequisites: Junior Standing.

Psychology Courses

PSY 260. Introduction to Psychology. 3 Credit Hours.

This course will address the major principles, theories and research methods used to understand mental processing and behavior. An extensive survey of topics on human behavior across a variety of contexts will be made, as well as the ethical history and implications of the field.

PSY 263. Honors: Core Concepts in Psychology. 3 Credit Hours.

This course will address the major principles, theories and research methods used to understand mental processing and behavior. An extensive survey of topics on human behavior across a variety of contexts will be made, as well as the ethical history and implications of the field. Students will have the opportunity to contribute directly to the teaching of the course material. Students receiving credit for PSY 260, Introduction to Psychology, may not receive credit for this class.
Prerequisites: Honors Program.

PSY 301. Sensation and Perception. 3 Credit Hours.

This course introduces the biological and psychology processes through which we perceive and interpret the world around us. We will explore major sensory and motor systems by evaluating how sensory stimuli are transformed into meaningful signals to which the brain can interpret and respond. We will discuss the structures in the brain that process sensory information, how learning augments this process, and how these systems integrate information to construct stable representation of a variety of rich perceptual experiences.

Pre/Corequisites: PSY 374

Prerequisites: PSY 260, Sophomore Standing.

PSY 353. Psychology of Personality. 3 Credit Hours.

This course will examine the major historical and contemporary approaches to understanding personality and its development. Cross-cultural and gender influences on personality will be incorporated. Students will be expected to apply their understanding of personality theory to themselves, case studies and/or historical figures.
Prerequisites: PSY 260 or PSY 263.

PSY 355. Introduction to Psychopathology. 3 Credit Hours.

As an introduction to the processes and treatment of psychopathology, this course emphasizes contemporary approaches to understanding the causes and treatments of various psychological and psychiatric disorders.
Prerequisites: PSY 260 or PSY 263.

PSY 360. Child and Adolescent Development. 3 Credit Hours.

Human development is examined from the prenatal period through adolescence. Current research methods and relevant theories will be used to address the multiplicity of factors contributing to children's development.
Prerequisites: PSY 260 or PSY 263.

PSY 361. Adult Development and Aging. 3 Credit Hours.

The nature of psychological and physical change as well as stability throughout adulthood will be examined. A special emphasis is placed on understanding the experiences of aging individuals in the context of an aging society.
Prerequisites: PSY 260 or PSY 263.

PSY 362. Lifespan Development. 3 Credit Hours.

This course explores human development across the lifespan, highlighting how biological, psychological, social, and cultural factors shape growth and development. Students will examine major life stages—including infancy and childhood, adolescence, emerging adulthood, middle adulthood, and late adulthood—and connect core developmental theories to real-world contexts, considering the influence of family, culture, technology, and historical change. Through experiential projects, interactive lectures, and class discussions, students will apply developmental science to understand both individual differences and shared human experiences.

Prerequisites: PSY 260 Introduction to Psychology
Session Cycle: Alternate Spring Semesters.

PSY 365. Environmental Psychology. 3 Credit Hours.

This course uses an interdisciplinary perspective to investigate the role of the environment on behavior. Attributes of environmental settings which are associated with human performance and functioning will be analyzed.

Prerequisites: PSY 260 or PSY 263.

PSY 371. Applied Psychology. 3 Credit Hours.

In this overview course, the practical applications of psychological research to issues and problems facing the world will be addressed. Students will learn and be actively engaged in how psychological findings can be used in a large variety of contexts. These contexts include biomedical, educational, end user behavior, industrial/organizational, sports, legal system, physical surroundings, product design, aviation, animal training, paranormal phenomenon, elderly, and similar human factor environments.

Prerequisites: PSY 260 or PSY 263.

PSY 372. Positive Psychology. 3 Credit Hours.

This course focuses on the current findings from positive psychology including (1) antecedents of subjective well being happiness from birth through death (2) optimal human functioning and human excellence across the life span, (3) development of positive individual traits including virtue, interpersonal strength, self-determination, wisdom, altruism, optimism, and integrity, and (4) the study of collective or societal wellbeing.

Prerequisites: PSY 260 or PSY 263.

PSY 373. Cognitive Psychology. 3 Credit Hours.

This course is an overview of the primary areas within cognitive psychology. Topics include cognitive neuroscience, perception, attention, memory, language, mental imagery, categorization, decision-making and problem solving. Current, as well as classic theoretical perspectives and experiments, will be emphasized throughout the course.
Prerequisites: PSY 260 or PSY 263.

PSY 374. Introduction to Neuroscience. 3 Credit Hours.

This course provides a foundational overview of the structure and function of the human nervous system. Topics include the function of neurons and neural communication, the organization of the brain, sensory systems, and the neural basis of behavior. Students will explore how neurons process and transmit information, how brain regions are anatomically and functionally organized, and how neural systems contribute to perception, cognition, and behavior. Although the focus is on the human brain, comparative examples from animal research will be incorporated to illustrate key principles.

Prerequisites: PSY 260 or PSY 263.

PSY 375. Health Psychology. 3 Credit Hours.

This course is an overview of the primary areas within Health Psychology. These include an overview of the history of health psychology, methodological issues in health psychology research, the biopsychosocial model of health and illness, basic systems of the body, stress, illness, and coping, lifestyle enhancement and illness prevention, health promotion, dealing with chronic illness, proper utilization of the health care system, pain, life threatening health problems, and future issues for health psychology.

Prerequisites: PSY 260 or PSY 263.

PSY 376. Research Methods in Psychology. 3 Credit Hours.

This course is an introduction to experimental methods in psychology. The goals of this course are for you to learn how research is planned, carried out, communicated, and critiqued. This course will focus on developing general psychological research skills, including knowledge of experimental design, statistics, report writing, and ethical standards of research. In addition, this course will emphasize critical evaluation of scientific evidence. Mastery of the material covered should enable you to evaluate the adequacy of research findings reported by others, design research studies of their own, collect and analyze data, and write APA style research reports.

Pre/Corequisites: MATH 201

Prerequisites: PSY 260 or PSY 263.

PSY 377. Educational Psychology. 3 Credit Hours.

This course explores psychological principles, theories and methodologies as they apply to issues of teaching and learning in diverse educational and community settings. Topics covered include theories of learning and motivation, developmental characteristics of learners, individual differences, teacher behavior, assessment, and socio-cultural influences on learning and schooling.

Prerequisites: PSY 260 or PSY 263.

PSY 378. Industrial and Organization Psychology. 3 Credit Hours.

This course is an introduction to Industrial and Organizational (I/O) Psychology which focuses on human behavior in the workplace. I/O psychologists assist institutions in effectively hiring, managing, developing, and supporting employee careers. I/O psychologist efforts in aligning worker efforts with organizational needs contribute to the achievement of strategic goals. For employees, these goals include reduced turnover, increased productivity, enriched engagement, and enhanced subjective well-being.

Prerequisites: PSY 260 or PSY 263.

PSY 379. Neural Circuits and Systems. 3 Credit Hours.

This course will examine how neural circuits and systems function to produce sensation, action, and more complex behaviors, such as attention, executive function, language, emotion, motivation and sleep. We will also explore how disruptions to large-scale circuits or systems can result in mental illness. We will build on concepts learned in PSY374 and make use of modern methods and recent research in humans as well as animal models to inform our study.

Prerequisites: PSY 374 and Sophomore Standing.

PSY 386. Research Methods in Psychology II: Psychological Research and Statistics. 3 Credit Hours.

This course is the second course in the required research methods sequence for psychology majors, focusing on the design, implementation, and analysis of psychological research. Psychology students are expected to be well-versed in the conduct and interpretation of psychological research in preparation for further study at the graduate level, the workplace, and in life. This course will focus on the major subjects of research design, implementation, and data analysis and interpretation.

Prerequisites: PSY 260 or PSY 263 and Math 201 and PSY 376 and sophomore standing.

PSY 391. Psychology Internship. 3 Credit Hours.

Students engage in individually supervised work-study arrangements and learn to apply psychological theory and principles in a work environment (e.g., youth recreation center or mental health clinic). Students must work at least ten hours per week on the internship (120 hours minimum), meet periodically with a supervising faculty member, research literature related to the field of the internship, and prepare a substantive report on their internship experience and the studies involved. This course is limited to juniors and seniors and requires the approval of a supervising faculty member and the department chair.

Prerequisites: PSY 260 or PSY 263.

PSY 401. Neurobiology of Learning and Memory. 3 Credit Hours.

This course will offer an opportunity to explore the field's current understanding of learning and memory processes gained largely from both human and animal research. We will discuss how science is performed, learning is measured, and memory is studied. Comparisons will be made between different types of learning and a variety of memory systems. We will evaluate the mechanisms that are thought to underlie these processes and how they can be disrupted.

Prerequisites: PSY 260 and PSY 374.

PSY 402. Human Bots: The Intersection of Artificial and Human Intelligence. 3 Credit Hours.

This course explores the relationship between human cognition and artificial intelligence, focusing on how AI systems support, extend, or complicate human thinking. Students will examine essential topics in human memory, attention, decision-making, and problem solving, alongside foundational concepts in contemporary AI. Emphasis is placed on comparing the strengths and limitations of human and machine intelligence, evaluating the cognitive and ethical risks of AI-assisted judgment, and developing best practices for responsible human-AI collaboration. Through case studies, hands-on activities, and critical analysis, students will gain the skills needed to understand and navigate the expanding role of AI in personal, academic, and professional contexts.

Pre/Corequisites: PSY 260: Introduction to Psychology and Junior Standing

Session Cycle: Every Fall Semester.

PSY 440. The Design Thinking Process. 3 Credit Hours.

In this hands-on course, you will have an opportunity to learn and apply the design thinking process while simultaneously developing an understanding of the psychological (cognitive, behavioral) principles that underlie innovative thinking, problem-solving, and gamification. This course builds explicitly upon the introduction to design thinking that you received during the IDEA program. We will learn how design thinkers embrace a "test and learn" and "build to think" philosophy toward innovation.

Prerequisites: IDEA 101 and either PSY 260 or MGT 302.

PSY 465. Cross-Cultural Psychology. 3 Credit Hours.

This course involves an in-depth examination of culture's role in socialization and behavior. The rationale and methodology of cross-cultural psychology are extensively addressed early in the semester. Thereafter, specific topics such as life transitions or cognitive styles are analyzed in a seminar format.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 470. Social Psychology. 3 Credit Hours.

This course examines the factors impacting human relationships. Emphasis is placed on interpersonal attraction, attitude formation, social perception and cognition, altruism, aggression, small group behavior, and social identity and influence.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 471. Gender in Childhood. 3 Credit Hours.

In this course the meaning of gender and how it shapes children's experiences, perceptions, identities, and behavior will be addressed. The confluence of biology and socio-cultural factors on gender development will be considered. A variety of research approaches will be discussed as well as used by students.

Prerequisites: PSY 260 or PSY 263 and Junior standing.

PSY 472. Child Psychopathology. 3 Credit Hours.

This course will focus on major forms of atypical development in childhood and adolescence. Students will learn about the defining characteristics, possible causes, diagnosis, theoretical formulations, research evidence, and current approaches to intervention and prevention for child and adolescent disorders. These include behavioral disorders, mood disorders, developmental and learning problems, and problems related to physical and mental health. Psychopathology will be examined within the context of normal developmental processes and the larger systems in which children live.

Prerequisites: PSY 260 or PSY 263 and sophomore standing.

PSY 480. Counseling Theory and Practice. 3 Credit Hours.

This course reviews the major contemporary theories and techniques of counseling. Students have opportunities to observe counseling situations and to practice counseling techniques. Cross-cultural issues will be addressed.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 481. Exercise and Sport Psychology. 3 Credit Hours.

Exercise and Sport Psychology is the field of study whereby the educational, research, and professional contributions of psychology are used to promote, enhance, and maintain exercise and sport behavior across the lifespan. The course will emphasize the practical applications of these principles.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 482. Forensic Psychology. 3 Credit Hours.

This course is an introduction to the field of forensic psychology. Its content coverage will include the examination of the current issues, theories, and interface between psychology and the legal system. Students will explore a range of topics including criminal profiling, the reliability of hypnosis, lie detection, eyewitness testimony, trial preparation and jury selection, the insanity defense, domestic violence and sexual abuse cases, and death penalty trials and appeals.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 483. Drugs and Behavior. 3 Credit Hours.

This course is an overview of the primary topics related to understanding drugs and their effects on human behavior. Topics include historical and methodological perspectives, basic principles of drug action, basic neurobiology, and the physiological and behavioral effects of drug use and abuse, including stimulants, depressants, narcotics, hallucinogens, designer drugs, inhalants, alcohol, tobacco, and caffeine. The course will also cover the psychopharmacology and behavioral effects of prescription psychiatric medications, including anti-depressants, anti-psychotics, anxiolytics, mood stabilizers, and hypnotics (sleep agents). Additional readings and exercises will be assigned to enhance exposure to various topics beyond the text. Current as well as classic theoretical perspectives will be emphasized throughout the course.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 484. Psychological Testing and Assessment. 3 Credit Hours.

This course explores the goals and principles of psychological and educational assessment. Topics covered include the fundamentals of measurement theory and testing-related statistics; test construction and administration; and a review of the major types of psychological and educational tests. Contemporary issues in assessment such as bias, laws, and ethical concerns will also be discussed.

Prerequisites: PSY 260 or PSY 263 and MATH 201 and junior standing.

PSY 486. Judgement and Decision Making. 3 Credit Hours.

This course will examine the research on human judgment and decision making, and will explore the influence of these processes in real-life areas such as health decisions, financial decisions, legal judgment, political decisions, and personal relationship choices.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY 490. Senior Research Seminar. 3 Credit Hours.

In this course, students will integrate the knowledge they have accumulated in their first three years as an applied psychology major through the development and investigation of their own applied psychology hypothesis. In collaboration with the instructor and with their classmates, students will proceed through the stages of research from hypothesis development, to literature review, to proposing their research methods, to data collection, with the project culminating in written and oral presentations of their findings. Additionally, students will have the opportunity to influence their classmates' projects, and have them influence their project, as they discuss and evaluate each other's work. After completing the course, students will be qualified to evaluate others' research as well as conduct their own research, a skill crucial to many applied psychology careers.

Prerequisites: PSY 260 or PSY 263, PSY 371, PSY 376, Applied Psychology major, senior standing or permission of the instructor.

PSY 491. Senior Internship Seminar. 3 Credit Hours.

This course will serve to integrate and apply knowledge derived from prior coursework. This course has two major components: the field placement and the classroom seminar. The field placements are expected to be diverse and selected based on student interest and preparation. The seminar portion of the course will involve faculty lectures, class exercises, student-to-student discussions and written assignments based on assigned reading materials and field experiences.

Prerequisites: PSY 260 or PSY 263, PSY 376, Psychology major, senior standing or permission of the instructor

Session Cycle: Fall

Yearly Cycle: Annual.

PSY 497. Directed Study in Psychology. 3 Credit Hours.

This course involves independent and in-depth study of a specific topic in psychology. Students work on an individually supervised research project with a member of the psychology faculty. Instructor and department chair permission is required.

Prerequisites: PSY 260 or PSY 263 and junior standing.

PSY ST385. Special Topic: Head, Hand, and Hertford Programme in Leadership Innovation. 3 Credit Hours.

Travel to Oxford to participate in the Head, Hand, and Hertford Programme at Hertford College. Students study in residence at historic Oxford for two weeks, where they will develop skills in leadership, communication, and innovation alongside Oxford students. Within a rigorous academic environment, this program is led by Hertford College Principal Tom Fletcher. Students participate in workshops taught mostly by Oxford faculty. Through an engaging one-of-kind cultural immersion program, students will build upon skills that they have learned at Bryant to take their leadership skills to the next level. With an enhanced global perspective, appreciation for sociohistorical context, and personal growth and character development, students will leave this course with the intellectual and practical skills of a truly innovative leader.

Science and Technology Courses**SCI 251. Biology I Principles of Biology. 3 Credit Hours.**

This course serves as an introduction to the fundamental principles of biology. Emphasis will be placed on topics including scientific/biological methodology, biological classification and nomenclature, cell structure and function, cellular biochemistry, principles of energy and metabolism, genetics, aspects of ecology, and the core theory of modern biology - evolution. Students will gain a deeper understanding of life processes at the cellular and molecular level. This course may be taken with a laboratory to fulfill the laboratory requirement for graduation.

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 252. Medical Terminology. 1 Credit Hour.

This one-credit course introduces medical terminology for students entering health professions as well as other fields such as law, insurance, technology development, billing, and sales. It starts with an introduction to word parts building medical terms, instruction in organization of the body, directional terms, and abbreviations. A general overview of functions, pathology, and medical management will be provided for the major organ systems in the body.

Session Cycle: Fall.

SCI 253. Biology II Organismal Biology. 3 Credit Hours.

This course is intended as a higher level biology course focusing on organismal biology, the study of structure, function, ecology and evolution at the level of the organism. It will use evolutionary theory as an organizing theme to explore biodiversity, physiology of various organism groups (plants, animals, etc.), and ecology, with human physiology especially highlighted. This course will be essential for students intending to pursue advanced graduate or professional training in biological and biomedical fields.

Prerequisites: SCI 251

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 262. Physical Geology. 3 Credit Hours.

This course explores the cyclicity of geologic processes that shape the earth. Volcanic activity and earthquakes contribute to the building of mountains. Rivers and oceans help to destroy mountains. This simplistic idea is expanded to give the student a very good idea of "how the earth works." This course may be taken with a laboratory to fulfill the laboratory requirement.

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 263. Astronomy. 3 Credit Hours.

This general introductory course explores the fundamentals of astronomy. All branches of modern astronomy are covered. Major topics include the historical development of astronomy, the solar system, and the universe beyond. This course may be taken with a laboratory to fulfill the laboratory requirement.

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 264. Physics I Introductory Physics. 3 Credit Hours.

This course deals with some areas of physics, such as mechanics, heat, waves, sound, light, electricity, and modern atomic physics, primarily from a conceptual point of view. This course will be especially useful to students who plan to enter an industry in which an understanding of the physical laws of nature is desirable. This course may be taken with a laboratory to fulfill the laboratory requirement.

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 265. Introductory Chemistry I. 3 Credit Hours.

This course will provide a general knowledge of chemistry as foundational background for careers in the environmental and biological sciences, chemical, agricultural and pharmaceutical industries, energy and materials management, and community service sectors. This course provides an introductory study of the fundamental concepts of chemistry: atomic and electronic structure, chemical bonding, simple reactions in organic and organic chemistry, and chemical equilibria. This course may be taken with a laboratory to fulfill the laboratory requirement.

Corequisites: SCI R265: Introductory Chemistry I Recitation

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 267. Introductory Chemistry II. 3 Credit Hours.

This course completes a two-semester introductory chemistry sequence and will enhance a student's preparation for further study in the environmental and life sciences at Bryant. Recommended for students who are majors in Biology or Environmental Science and who plan to enter an industry or field of study where a general knowledge of chemistry is essential such as the health professions (medical, pharmaceutical, dental) and graduate school in the biological sciences. This course will characterize and explain chemical systems at equilibrium, as well as exploring spontaneous processes, rates of chemical reactions, electrochemistry, thermodynamics, and acid/base chemistry.

Prerequisites: SCI 265 Introductory Chemistry I

Corequisites: SCI R267: Introductory Chemistry II Recitation

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 268. Introduction to Environmental Sustainability. 3 Credit Hours.

This course provides students with a broad overview of the scientific principles, concepts, and methodologies required to understand the interrelationships implicit in environmental studies, including the concept of sustainability, and to identify and analyze environmental problems both natural and human-made. Integrated laboratory and/or field exercises will demonstrate the principles, processes, techniques, and technologies of environmental problems and solutions.

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 269. Climate Change. 3 Credit Hours.

This lecture course will both satisfy the science requirement in Bryant's General Education (Gen Ed) Curriculum and serve as an introduction to the most pressing issue and the most challenging crisis that humans now face—climate change. It will provide students with the fundamental scientific knowledge to help them understand the causes of climate change, the factual information on the immediate and lasting impacts on land and life, and the possibilities and innovations to mitigate and remediate climate-related disasters.

Session Cycle: Fall and Spring.

SCI 274. Physics II Biological Physics. 3 Credit Hours.

This course explores concepts in physics specifically related to the biological and health sciences, including properties of fluids and solids, thermodynamics, optics, electrostatics and DC circuits, and radiation and health. Examples will be drawn primarily from the biological world with a special emphasis on human and animal health. This course is required for students pursuing a pre-med track within the Biology major.

Prerequisites: SCI 264

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 275. Introduction to Healthcare: Clinical and Business Perspectives. 3 Credit Hours.

This course provides a broad-based introduction to the delivery of healthcare, as well as the growing and ever-changing healthcare industry. Students will become familiar with a variety of health professions and the importance of an interdisciplinary healthcare team. Topics such as documentation, DEI in healthcare, as well as social determinants of care will be discussed. The healthcare sector will be examined from a business standpoint, with an emphasis on insurance carriers, reimbursement, marketing, regulatory affairs, as well as other political and economic factors. The topic of biomedical ethics will be a theme that carries through the entire course.

SCI 351. Ecology. 3 Credit Hours.

This course provides a review of ecological principles and selected research studies underlying these concepts, identifies techniques used by ecologists, and presents an overview of local and global environmental issues, including strategies for sustainability. In addition, the course emphasizes critical analysis of environmental problems and examines individual, group and societal roles important to improving environmental quality. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: SCI 251, SCI 262, SCI 266, or SCI 268, or permission of the instructor

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 352. Exercise Physiology. 3 Credit Hours.

This course examines exercise from a scientific standpoint by analyzing the acute responses and chronic adaptations of the human body during aerobic and anaerobic exercise challenges, related to endurance and strength training. Emphasis is placed on bioenergetics as well as the mechanism for exercise related responses and adaptations in the musculoskeletal, pulmonary, cardiovascular, and endocrine systems. Students are encouraged to register for the optional SCI L352 Exercise Physiology Lab course during the same semester as the lecture course.

Prerequisites: SCI 251- Biology I Principles of Biology

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 353. Human Muscles and Movement. 3 Credit Hours.

This course leads students through an examination of the skeletal system, the joints, and the major muscles within the human body. Muscle actions will be determined through an analysis of their attachment points, line of pull, and orientation to the joint(s) they cross. Students will learn what joint positions place muscles on stretch, and what joint motions occur during various muscle contractions. Functional activities and common exercises will be analyzed to identify what muscles are contracting and what other forces may be influencing movement.

NOTE: This course is designed for students outside the Exercise and Movement Science major, and students may not receive credit for SCI 353: Human Muscles and Motion if they have or will receive credit for SCI 387: Functional Musculoskeletal Anatomy and/or SCI 381: Kinesiology.
Prerequisites: SCI 251.

SCI 354. Fundamentals of Nutrition. 3 Credit Hours.

Nutrition concerns the study of processes by which organisms ingest, digest, absorb, utilize food and excrete wastes. Students will learn human diet and nutritional needs and develop the ability to think critically about nutrition claims and counterclaims in the marketplace. Recent advances in nutrition research, such as those relating to weight loss, performance enhancement, and mood control, will also be covered.

Prerequisites: SCI 251

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 355. Energy Strategies for a Sustainable World. 3 Credit Hours.

In this course students review the principles of energy transformation, explore alternative energy resources and their feasibility, and assess current and future energy policy formation. In addition, students examine the economic and ecological impacts of various policy options and provide assistance in structuring institutional management plans for efficient energy use. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: 200-level science course

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 356. Introduction to Biotechnology. 3 Credit Hours.

Biotechnology is the commercial application of living organisms involving the deliberate manipulation of their DNA. As such, biotechnology broadly impacts commercial markets in human and animal health care, agriculture and horticulture, and the forensic sciences. Students will learn, through lectures and "hands on" laboratory experiences, about the biotechnology products and "new life forms" which have been or are about to be commercialized. This course involves significant "hands on" experiences, and focuses on the development process of bioengineered products from Idea inception to market entry. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: SCI 251 or SCI 265

Session Cycle: Fall

Yearly Cycle: Varies.

SCI 359. Artificial Intelligence (AI) in Healthcare. 3 Credit Hours.

This course introduces artificial intelligence (AI) from the perspective of its application to healthcare. The course focuses on applied techniques in AI, drawing from a collection of case-studies chosen to be both approachable and current. A working proficiency in Python is helpful, but the course will review and workshop the necessary programming skills for those with little or no programming background. The course will also include support programming libraries to make the technical aspects more approachable. By exploring case-studies, and applied techniques to real data sets, students will gain both the practical skills of implementing the methods of AI in healthcare and the necessary understanding of how the methods work. In this way, students will be able to approach new methods of AI as they are developed in this fast-paced field with the confidence that they can understand both the strengths and weaknesses of AI.

Session Cycle: Every Spring.

SCI 360. Anatomy and Physiology I. 3 Credit Hours.

The essential principles of human anatomy and physiology are explored in this course, using a systems approach. The first portion of the course will review fundamental biological and chemical principles central to life at a cellular level, and explore the structure and function of tissues. The second portion of the course will involve a detailed analysis of the structure and function of the integumentary, skeletal, muscular, nervous and endocrine systems, as well as an examination of the senses. The coordination of these organ systems and their role in the maintenance of homeostasis in the human body will also be explored. The course can be taken with a laboratory to fulfill the laboratory requirement, or to prepare for application to medical or professional programs in the health sciences.

Prerequisites: SCI 251 and SCI L251 and SCI 253 or instructor permission

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 363. Genetics. 3 Credit Hours.

This course will introduce students to the fundamental concepts of genetics. The first half of the course will detail classical inheritance patterns, chromosomal rearrangement, mutations and DNA repair. The second half of the course will deal with modern discoveries and applications in today's world with respect to uses in biotechnology, genomics as well as the role of genetics in the development of disease states such as cancer. Experimental data will be incorporated into each segment of the course to enhance understanding of the scientific method and reinforce lecture topics. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: SCI 251, sophomore standing or permission of instructor

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI 365. Organic Chemistry I. 3 Credit Hours.

This course will provide an introduction to the chemistry of organic compounds and the importance of organic chemistry in our everyday life. Organic chemistry is involved in many industrial production processes such as plastics and pharmaceuticals, as well as being essential to the reactions and processes that occur in living organisms. This course will cover the structure and chemistry of the major classes of organic compounds and is recommended for students who plan careers in environmental toxicology, the chemical and pharmaceutical industries, waste management, biological sciences and geochemistry. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: SCI 267: Introductory Chemistry II

Corequisites: SCI R365: Organic Chemistry I Recitation

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI 366. Coastal Environments. 3 Credit Hours.

This course will teach the student how different types of coastlines are molded from waves, tides and sediment supply. It will also show the different tools, methodologies, and applications that are available to the coastal geomorphology assessment and surveying service industries. Group projects involve the preparation of technical/cost proposals to solve coastal geo-technical problems and design of coastal management plans.

Prerequisites: SCI 251 or SCI 262 or SCI 266 or SCI 287 or permission of the instructor

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 367. Biochemistry. 3 Credit Hours.

This course involves the study of chemical processes that are continually occurring within a living organism. The structures and functions of critical chemical components of all cells will be covered as well. In addition, critical processes such as metabolism, generation of energy and the biosynthesis of major biomolecules (proteins, DNA, lipids, carbohydrates) and photosynthesis will be analyzed in-depth. The final portion of the course will examine biochemical basis of disease, and how biological systems deal with toxins.

Prerequisites: SCI 251 and SCI 265; or permission of the instructor

Session Cycle: Spring

Yearly Cycle: Alternate Years.

SCI 368. Elements of Forensic Science. 3 Credit Hours.

This course will provide an overview of forensic science, including strategies for identifying and solving complex problems, exposure to the analytical tools used by forensic scientists, and the professional standards and ethical considerations guiding practitioners. Special topics will include the scope and history of forensic science, the use of scientific methodology, the concepts of evidence and proof, and the methodologies used for establishing unique connections based on physical, chemical and biological evidence. Students will also become acquainted with the role of histology, serology and DNA typing in forensic analyses, the importance of accurately reconstructing dynamic processes; the recognition, collection and preservation of evidence; the use of statistical techniques, and the demands for quality assurance. An introduction to the technologies used by forensic scientists will be included, along with an examination of the scope of professional careers in forensic science, especially the collage of specialties that comprise collaborative forensic teams.

Prerequisites: SCI 251 or SCI 265 or permission of the instructor

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 371. Human Impact on the Global Environment. 3 Credit Hours.

Having doubled in the last 40 years, the human population is requiring an increasing amount of natural resources while generating a substantial amount of waste and pollution that the environment can no longer absorb. It has been reported that human activities, such as land development and agriculture, have modified over 50% of the Earth's land surface. We are also causing an extinction rate 1,000 – 10,000 times greater than the background extinction rate. This course covers environmental issues on land use, wildlife protection, and human health. Topics include toxicology, agriculture, forestry, urbanization, biodiversity decline, and sustainable solutions. Tools and techniques for problem solving and analysis will be emphasized. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: 200-level science course

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 373. Artificial Intelligence and Robotics. 3 Credit Hours.

Can machines think? What does this really mean? This course provides an introduction to the topic of artificial intelligence and robotics. The lab part of the course provides hands-on experience in the making of thinking machines. The lecture part of the course will focus on the theory of artificial intelligence and robotics, but will also include some hands-on projects and competitions. The course (both the lab and lecture) will serve as an introduction to programming in Python, and the use of the robotic hardware. The course will present methods for solving difficult decision-making problems. The lecture and lab (SCI L373) must be taken concurrently. Some programming experience is helpful but is not required.

Prerequisites: 200 level science course

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI 374. Organic Chemistry II. 3 Credit Hours.

This course is the second semester offering of the full year of organic chemistry. This course will expand your basic knowledge of organic chemistry by developing a deeper understanding of the reactivity of functional groups such as aromatic rings, dienes, alcohols, amines, aldehydes, ketones, carboxylic acids and their derivatives. In addition, it will further your understanding of "electron pushing", so that you are able to propose reasonable reaction mechanisms. Students will be able to use the fundamentals of functional group reactivity to develop multi-step syntheses of organic molecules. Finally, students will be able to use NMR spectroscopy, along with IR spectroscopy and mass spectrometry, to deduce unknown organic structures.

Prerequisites: SCI 365

Corequisites: SCI R374: Organic Chemistry II Recitation

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 376. GIS for Health, Business, and the Environment. 3 Credit Hours.

This course will demonstrate how Geographic Information Systems (GIS) can be used to help build efficiency and solve real-world problems in the health, environmental, and business industries. This course will focus on contemporary GIS data management, the structure of GIS applications, the types of mapping data that can be processed, and the types of customized products that can be developed. Case studies will be used to develop career-related skills such as utilizing GIS data to improve decision making, generating data visualization, and presenting findings to stakeholders. Through project-based learning, students will have the opportunity to utilize GIS tools within their individual fields of interest.

Prerequisites: 200-level science course

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 377. Microbiology. 3 Credit Hours.

This course examines life at the microscopic level and is designed to provide an understanding of microbiology and its connectedness to the environment, medicine, agriculture, and industry. Topics will include exploration of the world of bacteria, viruses, protista, and fungi, use of microbes in genetic engineering, food preservation and safety, the role of microbes in biotechnology, industry, and agriculture, antibiotic resistance, viral and bacterial diseases of humans, and the use of microbes or microbial products in bioterrorism. Demonstration exercises will be integrated throughout the course to reinforce lecture topics. This course may be taken with a laboratory to fulfill the laboratory requirement.

Prerequisites: SCI 265 with lab or SCI 251 with lab or permission of instructor

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 379. Emergency Medical Technician I. 3 Credit Hours.

This course is part one of a two-part series that will prepare students to take the National Registry examination for Emergency Medical Technicians (EMT). Students will learn the basic life support skills needed to stabilize and safely transport sick or injured patients who have accessed the emergency medical services (EMS) system. Specific skills covered in this class include an overview of the EMS system and work force, medical legal issues, documentation, patient assessment, pharmacology, lifting and moving, airway management and respiratory emergencies, trauma, management of bleeding and shock, as well as management of acute disorders of the genitourinary, cardiovascular, neurological, gastrointestinal and urological systems.

Prerequisites: SCI 251 Corequisite: SCI L379

Session Cycle: Alternate Fall Semesters.

SCI 380. Anatomy and Physiology II. 3 Credit Hours.

This course is the second semester of a 2-course sequence that covers the study of the structure and function of the human body. Topics include a further exploration of essential principles in human anatomy and physiology, and are built upon the knowledge acquired in Anatomy and Physiology I. The course will provide a detailed analysis of the structure and function of the cardiovascular, lymphatic, digestive, respiratory, urinary and reproductive systems, as well as to examine human growth and development. The coordination of organ systems and their role in the maintenance of homeostasis in the human body will be examined. The course is matched with a laboratory component (Anatomy and Physiology Lab II), and is considered to be a requirement for pre-med and many pre-professional health programs.

Prerequisites: SCI 360, Sophomore standing, or permission of the instructor

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 381. Human Kinesiology. 3 Credit Hours.

This course will examine human movement by studying the relationship between human structure and function. Normal and abnormal movement patterns will be defined in the context of osteokinematic and arthrokinematic motions. Consideration will be given to the internal and external forces that cause or resist human movement. Emphasis will be placed on joint biomechanics during stretching, functional activity, and resistance exercise, as well as the biomechanical factors that influence human strength and power.

Prerequisites: SCI 387

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 382. Cell Biology and Molecular Genetics. 3 Credit Hours.

This course is designed for upper-level students as a continuation of General Biology. SCI 382 focuses on the fine structure of cells, intra- and intercellular communication, and the molecular organization and transfer of genetic information. Experimental design, methodology, and current biotechnological applications will also be discussed. For many of the lecture topics, primary research and review articles will be assigned for reading pertaining to the lecture. The overall goal of the course is for students to synthesize knowledge of how cells function with experimental design and experimental methodology. Upon the completion of this course students should be able to successfully convey this knowledge through scientific writing, and add to their knowledge through reading and understanding of scientific literature.

Prerequisites: SCI 251

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 383. Human Health and Disease. 3 Credit Hours.

This course provides an in-depth examination of human health, disease processes, and evidence-based approaches to disease prevention, diagnosis, and treatment. Students will explore the pathophysiology of multiple body systems including musculoskeletal, cardiovascular, respiratory, nervous, gastrointestinal, endocrine, and integumentary systems, as well as cancer, pain mechanisms, mental health, and the impact of climate change on human health. The course emphasizes the development of skills in locating, evaluating, and applying scientific research literature related to human health and disease. Students will learn to critically assess evidence-based medical information and understand how modern biomedical advancements inform disease management, preparing them for advanced study in health sciences and biology.

Prerequisites: SCI 251 or SCI 267

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI 384. Emergency Medical Technician II. 3 Credit Hours.

This course is part two of a two-part series that will prepare students to take the National Registry examination for Emergency Medical Technicians (EMT). Students will learn the basic life support skills needed to stabilize and safely transport sick or injured patients who have accessed the emergency medical services (EMS) system. Specific skills covered in this class include management of patient exposed to hazardous materials, poisons, or allergens, endocrine and hematologic disorders, behavioral health crises, vehicular extractions, managing mass casualty incidents, special rescues (i.e. water), and managing special populations such as obstetrics, neonatal, pediatrics, geriatric, and patients with other special needs.

Prerequisites: SCI 379, SCI L379 Corequisites: SCI L384

Session Cycle: Alternate Spring Semesters.

SCI 386. Sports Nutrition. 3 Credit Hours.

This course examines the role that professionals in the exercise industry play in promoting optimal nutrition to optimize human health, athletic performance, and recovery. Analysis of nutrient requirements before, during, and after exercise will be explored from an evidence-based bioenergetics standpoint. The use of nutritional supplements, popular diets, weight control, and causes and treatment of eating disorders will be explored. Consideration will also be given to how hormone action, performance enhancing substances, alcohol and tobacco influence an athlete's performance.

Prerequisites: SCI 251 Biology I (with lab)

Session Cycle: Fall

Yearly Cycle: Annual.

SCI 387. Functional Musculoskeletal Anatomy. 3 Credit Hours.

A thorough understanding of functional musculoskeletal anatomy is necessary to become an expert in human movement and exercise. This course uses a regional approach to studying the anatomical structures that create both stability and movement in the human body, including muscles, bones, joints, and connective tissue. The function of individual muscles will be examined based on their anatomical attachment points, and surface palpation of the major bony landmarks and muscles of the trunk and extremities will be performed.

Prerequisites: SCI 360 Anatomy and Physiology I (with lab)

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 388. Field Experience I. 3 Credit Hours.

This course is the first of two field experiences in the Exercise and Movement Science program. During this field experience students spend 150 hours in an exercise science/wellness setting that meets Bryant's Exercise and Movement Science program requirements. This field experience provides students with the opportunity to gain real-world experience and to apply scientific and ethical principles learned in the classroom in an authentic environment.

Prerequisites: SCI 381, SCI L381: Kinesiology (with lab), SCI 476, SCI

L476: Principles of Strength and Conditioning I (with lab)

Session Cycle: Every Fall Semester.

SCI 390. Research Methods in Science. 3 Credit Hours.

This course is intended to provide an introduction to scientific methodology and analytical science. Topics will include data analysis, statistical analysis, principles of spectrophotometry, chromatography and microscopy, field sampling techniques, technical writing, and oral presentation skills. This course will serve as the foundation for the SCI 490 research project and those students interested in analytical science.

Prerequisites: Junior standing and science major or permission of the instructor

Session Cycle: Spring

Yearly Cycle: Annual.

SCI 391. Science Internship. 3 Credit Hours.

The science internship provides the student with the opportunity to gain on-the-job experience and to apply scientific principles and procedures learned in the classroom in a work environment. The student is required to meet regularly with a faculty advisor, keep a daily log of activities, complete a paper or specific research project, and prepare an evaluation of the experience at the end of the internship.

Prerequisites: Approval of a supervising faculty member and department chair.

SCI 392. Real World Applications for Sustainability and Climate Action. 3 Credit Hours.

This course presents a comprehensive assessment of environmental policy, emphasizing the interrelationship between science, business, and governance for mitigating climate change impacts. The course is enriched by hands-on learning experiences dedicated to the conservation of biodiversity, achieving sustainable growth policies that encompass economic realities, or the development of technological and methodological innovations in sustainability. The course includes a semester long, student-designed research project, the attendance of seminars and other campus events, and student-led discussions. By the end of the semester. Students will be familiar with corporate sustainability strategies and metrics for assessing environmental performance and decarbonization initiatives.

Prerequisites: SCI 268, or SCI 269, or permission of the instructor
Session Cycle: Every Spring.

SCI 397. Directed Study in Science. 3 Credit Hours.

This course is tailored to fit the unique interests of a student interested in science. Faculty and student will design a program for the study of complex issues in science and/or technology, including technical applications of scientific methodology and basic applied research into existing scientific problems, including regular meetings throughout the semester. The end product of this study would be a paper describing the results of the investigation, including methodology and data that have been generated, or the equivalent.

Prerequisites: approval of supervising faculty member and department chair.

SCI 401. Fundamentals of Strength and Conditioning. 3 Credit Hours.

This course provides a broad-based exposure to the theory and practice of strength training and physical conditioning. Current evidence will be presented for designing and optimizing aerobic exercise and anaerobic exercise programs, including cardiovascular training, resistance training, and functional exercise for strength, agility, balance and coordination. The impact of program design and periodization on physical performance will be explored. Injury prevention, including the use of warm up programs and stretching will also be covered. NOTE: This course is designed for students outside the Exercise and Movement Science major, and students may not receive credit for SCI 401 Fundamentals of Strength and Conditioning if they have or will receive credit for SCI 476: Principles of Strength and Conditioning I and/or SCI 477: Principles of Strength and Conditioning II.

Prerequisites: SCI 251, and (SCI 353 OR SCI 381).

SCI 402. Current Topics in Nutrition. 3 Credit Hours.

This course presents an overview of current topics in nutrition for health and disease. Students will review and critically evaluate a wide variety of topics in nutrition. Examples include emerging techniques to assess nutrient intake, advancements in food technology to improve nutrient quality and reduce environmental impact, and upcoming policy change that will impact our food environment. A major focus will be placed on nutritional interventions to prevent, reverse, or manage the most common chronic metabolic conditions including obesity, diabetes, and cardiovascular disease.

Prerequisites: SCI 354 or SCI 386

Session Cycle: Spring
Yearly Cycle: Annual.

SCI 403. Innovations for Sustainable Futures. 3 Credit Hours.

As climate change alters ecosystems and impacts lives globally, immediate action is essential for a sustainable future. "Innovations for Sustainable Futures" takes an interdisciplinary approach to explore the climate crisis—its history, current challenges, and future projections. The course evaluates energy use, economic development, technological innovations, and lifestyle adaptations. Through readings and discussions, students will gain insights into the scientific, technical, and socio-economic factors that underpin renewable energy solutions. Engaging in debates and group projects, students will analyze climate data and develop creative, economically viable strategies for sustainable, ethical, and equitable responses. This course aims to inspire imaginative actions toward a low-carbon future.

Prerequisites: SCI 268, or SCI 269

Session Cycle: Every Fall.

SCI 455. Environmental Policy: Decision Making and Problem Solving. 3 Credit Hours.

This course will present an overview of environmental policy alternatives, emphasizing the interrelationship of science, business and government in policy formation and implementation. Global issues will be included, with special attention directed toward international efforts to achieve consensus on sustainable growth policies that encompass economic realities, technological innovation and a sensible legal and regulatory framework. For qualified students, this course may be taken as a 500 level graduate content course. Permission of the instructor is required.

Prerequisites: SCI 251 or SCI 262 or SCI 265 or SCI 266 or SCI 351 or SCI 371 or SCI 372 or SCI 376 and junior standing; or permission of instructor
Session Cycle: Spring

Yearly Cycle: Annual.

SCI 457. Environmental Toxicology and Risk Assessment. 3 Credit Hours.

The generation of hazardous wastes and our potential exposure to them is increasing; Lead in city water, mercury in fish, "boil water" advisories, PFAS, PCB's, PAH's, BPA and more. In this course, we will examine a variety of environmental hazards through case studies, see how they end up in human systems, and understand their effect on human health. It is designed for students who are interested in various aspects of hazardous substances and wastes, including regulation, treatment, remediation, biological effects, chemical phenomena, transport, source reduction, and research. Readings and discussions will be integrated throughout the course to reinforce lecture topics.

Prerequisites: 200-level science course

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI 463. Issues in Environmental Science. 3 Credit Hours.

This course provides an understanding of current environmental problems and a familiarity with innovative developments to solve them. Current issues from the following subject areas will be discussed: climate change, energy, land degradation, air and water quality, population growth, resource depletion, and wildlife management. Guest speakers will describe their work and provide insight on specific environmental issues and the future of the environmental science field. Students will research proposed solutions to various current environmental problems and evaluate their potential effectiveness. For qualified students, this course may be taken as a 500 level graduate content course. Permission of the instructor is required.

Prerequisites: 200-level science course

Session Cycle: Spring

Yearly Cycle: Alternate Years.

SCI 466. Global Health Challenges. 3 Credit Hours.

This course will explore the unique global health challenges we are facing today. As the world becomes increasingly globalized, the status of health worldwide has begun to decline. This course will present some of the complexities facing the global health community from a variety of perspectives. A brief history of global health will be given, with particular attention to environmental degradation, especially the correlation between these changes and adverse effects of health and disease transmission. Social issues including literacy and cultural values will also be discussed in relation to effects on health. Selected communicable diseases and zoonotic and emerging diseases will be highlighted, along with current efforts to stop the spread of these diseases within the global community. Selected epidemiological studies will be emphasized to ensure that students are able to comprehend and appraise research in this field. For qualified students, this course may be taken as a 500-level. Prerequisites: One of the following courses: SCI 251, SCI 351, SCI 356, SCI 362 or SCI 377, and junior standing or permission of the instructor especially for 500 level graduate course content
Session Cycle: Fall
Yearly Cycle: Varies.

SCI 467. Management Principles in Fitness and Athletics. 3 Credit Hours.

This course will examine the administrative principles associated with development, maintenance and operation of a fitness or sports organization in the public or private sector. Organizational business structures, equipment, staffing, as well as ethical, legal and economic considerations will be explored. Factors related to emergency planning and response will also be presented. One business course and one marketing course at the 200-level or above are recommended before taking this course.
Prerequisites: Junior standing
Session Cycle: Spring
Yearly Cycle: Annual.

SCI 470. Immunity and Disease. 3 Credit Hours.

This course will provide a broad introduction to the rapidly advancing study of immunity and disease. Starting with a survey of basic immunological principles, the course will explore the importance of the molecular and cellular factors involved in immune responses. Key methodologies used by immunologists and the practical applications of this research for the medical community will be discussed, causes of autoimmune disorders.
Prerequisites: SCI 251 or SCI 366 or SCI 377 or permission of instructor
Session Cycle: Fall
Yearly Cycle: Varies.

SCI 472. AI and Technology in Wellness and Performance. 3 Credit Hours.

This course explores the intersection of artificial intelligence (AI), machine learning (ML), and emerging technologies in the domains of human wellness, physical fitness, and performance. Students will examine how data-driven tools are transforming healthcare, athletic training, rehabilitation, and human movement analysis. Through case studies, hands-on projects, and interdisciplinary collaboration, students will learn to critically evaluate and apply AI and technology in real-world scenarios relevant to future careers in healthcare, coaching, and performance science.
Prerequisites: SCI 352/L352 and (SCI 353 or SCI 381/L381), and (SCI 401/L401 or SCI 477/L477)
Session Cycle: Every Spring.

SCI 476. Principles of Strength and Conditioning I. 3 Credit Hours.

This course will review the scientific principles behind designing safe and effective aerobic exercise and resistance training programs. Strengthening with free weights, machine training, and Olympic style lifting will be covered. Methods for integrating warm up activities, designing stretching programs, and for optimizing physical performance through program design and periodization will be explored. An overview of the physiologic principles that govern tissue injury and healing, and introduction of the basic tenants of injury prevention will also be provided.
Prerequisites: SCI 251/L Biology I (with lab), SCI 360 Anatomy & Physiology I (with lab), SCI 380 Anatomy & Physiology II (with lab), SCI 352 Exercise Physiology, SCI 387 Functional Musculoskeletal Anatomy, SCI 381 Human Kinesiology (with lab)
Corequisites: SCI L476: Principles of Strength and Conditioning I Lab
Session Cycle: Spring
Yearly Cycle: Annual.

SCI 477. Principles of Strength and Conditioning II. 3 Credit Hours.

This course will review the scientific principles behind designing safe and effective anaerobic exercise and functional strengthening programs. The use of balance, core stabilization, coordination, agility, and plyometric activities will be explored, as well as nontraditional techniques such as blood flow restriction training. Application of rehabilitation and reconditioning principles after musculoskeletal injury and concussion will be introduced. In addition, exercise considerations for special populations such as children, older adults and the female athlete will be discussed.
Prerequisites: SCI 251 Biology I (with lab), SCI 360 Anatomy & Physiology I (with lab), SCI 380 Anatomy & Physiology II (with lab), SCI 352 Exercise Physiology, SCI 387 Functional Musculoskeletal Anatomy, SCI 381 Human Kinesiology (with lab) & SCI 476 Principles of Strength and Conditioning I (with lab)
Corequisites: SCI L477: Principles of Strength and Conditioning II Lab
Session Cycle: Fall
Yearly Cycle: Annual.

SCI 488. Field Experience II. 3 Credit Hours.

This course is the second and final field experience in the Exercise and Movement Science program. During this field experience students spend 150 hours in an exercise science/wellness setting that meets Bryant University's Exercise and Movement Science program requirements. This field experience provides students with the opportunity to gain real-world experience and to apply scientific and ethical principles learned in the classroom in an authentic environment. With guidance from their faculty and field experience supervisor, students also complete a research-based project related to exercise science.
Prerequisites: SCI 388: Field Experience I
Session Cycle: Every Spring Semester.

SCI 490. Research Directed Study in Science. 3 Credit Hours.

This course is designed to refine the research interests of departmental majors, and to gain additional hands-on research skills, including experimental design, methodology, and exposure to technology and instrumentation appropriate for a more extensive research project. Direct interaction of faculty and students will be required, and students will be matched with a faculty member most closely aligned with his/her research interests. The end product of this study will be a scientific paper describing a literature search, precise methodology, data analysis, and discussion of the research. An oral presentation of the research results will be expected, and the paper will be evaluated for publication in an appropriate journal.
Prerequisites: SCI 390 and senior standing or permission of the department chair.

SCI 497. Directed Study in Science. 3 Credit Hours.

This course is tailored to fit the unique interests of a student interested in science. Faculty and student will design a program for the study of complex issues of science and/or technology, including technical applications of scientific methodology and basic applied research into existing scientific problems, including regular meetings throughout the semester. The end product of this study would be a paper describing the results of the investigation, including methodology and data that have been generated, or the equivalent.

Prerequisites: approval of supervising faculty member and department chair.

SCI HS300. Honors Special Topics in Science Application of Brain Science. 3 Credit Hours.

The human brain is very good at recognizing patterns. We are able to learn new faces and languages, and are able to work in complex environments easily. Brain models have been able to capture some of these features, and are continually giving us a better understanding of the workings of the brain. In this course we look at applications of these models on non-biological problems. For example, Google uses brain modeling techniques in some of its data analysis, and neural networks are used in automobiles and factories. Netflix has an ongoing contest to improve their ratings system, the winners of previous contests have used models inspired from the brain. This course will explore these, and other, applications of these models in data analysis problems in finance, marketing, science, economics, and other fields.

Prerequisites: Honors Program and 200-level science course.

SCI L251. Biology I Laboratory. 1 Credit Hour.

This laboratory course is intended to complement the General Biology lecture course. Familiarity with a variety of organisms, techniques, and concepts is obtained through a direct, hands-on approach.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course and will also fulfill the laboratory requirement

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI L253. Biology II Laboratory. 1 Credit Hour.

This course is intended as a higher level biology laboratory course, and will be essential for students intending to pursue advanced graduate or professional training in biomedical fields. Building on the foundations of biological science covered in General Biology – SCI 251 and Biology II – SCI 253, this laboratory course will use evolutionary theory as an organizing theme to explore biodiversity, animal and plant biology, human anatomy and physiology, immunology, hormone regulation, and vaccine development .

Pre/Corequisites: this course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Prerequisites: SCI 251 and SCI L251

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L262. Physical Geology Laboratory. 1 Credit Hour.

This laboratory course complements Physical Geology. Familiarity with minerals, igneous, sedimentary, and metamorphic rocks will be gained through hands-on activities. Other exercises include plotting of earthquake epicenters and map reading.

Pre/Corequisites: this course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course and fulfills the laboratory requirement

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI L264. Physics I Laboratory. 1 Credit Hour.

This laboratory course is designed to provide a better understanding of the physical principles studied in the lecture course. The work done here provides an opportunity to become familiar with the scientific methods of making experimental measurements and evaluating the results of these measurements.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Fall

Yearly Cycle: Annual.

SCI L265. Introductory Chemistry I Laboratory. 1 Credit Hour.

Laboratory experimentation is the foundation of the science of chemistry. The "hands-on" experiments performed in this course will illustrate the principles, theories, and laws discussed in the lecture portion of the course.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Fall

Yearly Cycle: Annual.

SCI L267. Introductory Chemistry II Laboratory. 1 Credit Hour.

This course completes a two (2) semester introductory chemistry sequence (lecture plus lab), and will enhance a student's preparation for further study in the environmental and life sciences at Bryant. Recommended for Science and Technology majors/concentrators, and who plan to enter an industry or field of study where a general knowledge of chemistry is essential, such as the health professions (medical, pharmaceutical, dental) and graduate school in the biological sciences. This laboratory course will present practical applications of inorganic chemistry, thermodynamics, kinetics, and spectroscopy, and will coincide with the Chemistry II lecture.

Pre/Corequisites: This course may be only taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L269. Climate Change Laboratory. 1 Credit Hour.

This laboratory course complements the "SCI 269 Climate Change - Causes, Impacts, and Solutions" lecture course. This course will cover topics including weather and climate, natural and human-induced causes of climate change, major impacts of climate change, and possible solutions for climate change mitigation and adaptation. Methods of ancient climate change reconstruction and future climate prediction will be included, providing students a hands-on and experiential learning opportunity to acquire climate change related knowledge.

Pre/Corequisites: SCI 269

Session Cycle: Every Fall and Spring.

SCI L274. Physics II Laboratory. 1 Credit Hour.

This laboratory course consists of a series of exercises and term projects designed to give the student a quantitative understanding of experimental biological physics. The course follows Socratic methodology wherever possible to allow the students to gain a strong intuition even for concepts that are challenging. Data analysis techniques will be covered, as well as the use of technology in the gathering and interpretation of issues related to biological physics.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; and fulfills the laboratory requirement

Session Cycle: Spring

Yearly Cycle: Alternate Years.

SCI L351. Ecology Laboratory. 1 Credit Hour.

This laboratory complements the Ecology: Theory and Applications lecture course. Ecosystem dynamics, including assessment of biotic and abiotic components, population growth patterns, species diversity and perturbation responses will be emphasized. Techniques and equipment commonly employed by professional ecologists will be stressed, using field studies, laboratory investigations, computer simulation, lab demonstrations, and site visits.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI L352. Exercise Physiology Laboratory. 1 Credit Hour.

This laboratory course complements and reinforces the content in the Exercise Physiology lecture course. Students will have the opportunity to perform basic laboratory tests and measurements commonly used in human exercise physiology studies including but not limited to heart rate, blood pressure, EMG, VO₂, and blood lactate levels. Emphasis will be placed on interpretation of data, and application of knowledge in real-world scenarios related to exercise physiology.

Pre/Corequisites: SCI 352

Prerequisites: SCI 251.

SCI L355. Energy Strategies for a Sustainable World Lab. 1 Credit Hour.

This laboratory course complements the Energy Strategies for a Sustainable World lecture course. Familiarity with a variety of non-renewable and renewable resources will be gained through hands-on activities. Exercises include evaluation of fossil fuel efficiency, computer simulations of resource allocation, and the design of a solar house.

Pre/Corequisites: SCI 355

Session Cycle: Fall, Spring

Yearly Cycle: Annual.

SCI L356. Biotechnology Laboratory. 1 Credit Hour.

This laboratory course will provide a hands-on approach to examine topics such as genes and genomes, genetic manipulation, microbial biotechnology, plant and animal biotechnology, forensics, medical and environmental biotechnology to accompany the material covered in the Introduction to Biotechnology course. Students will gain a greater knowledge of the techniques currently used researchers in the biotech field.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Fall, Spring

Yearly Cycle: Varies.

SCI L360. Anatomy and Physiology Laboratory I. 1 Credit Hour.

This laboratory component of Anatomy and Physiology I course will enable students to become familiar with anatomical structures at their own pace, using a hands-on approach. The laboratory exercises will include studies of 3-dimensional models and prepared slides, dissections of isolated organ systems, and observation of a virtual cadaver dissection, which will enable students to examine detailed structural features of key organs and systems, and better appreciate how the various body systems integrate. This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course. This course fulfills the laboratory science requirement

Session Cycle: Fall

Yearly Cycle: Annual.

SCI L363. Genetics Laboratory. 1 Credit Hour.

This laboratory course accompanies the Genetics lecture course which is intended to provide the fundamental basics of inheritance as well as to integrate modern uses of genetics in biotechnology and genomics. Topics will include basic inheritance patterns, reproduction, chromosomal replication, and the role of genetics in the development of various diseases. Students will be able to track inheritance patterns to determine risk of the occurrence of disease using hands-on techniques such as genetic karyotyping, generation of Punnett squares and DNA fingerprinting analyses.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI L365. Organic Chemistry I Laboratory. 1 Credit Hour.

This laboratory course will accompany the Organic Chemistry lecture course. Laboratory activities are based primarily on the study of carbon-containing compounds. Students will be given the opportunity to carry out reactions covered in the lecture course. In addition, the basic techniques required for performing organic chemistry research will also be learned, utilizing state of the art equipment, and the importance of organic chemistry to biology and environmental science will be emphasized.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI L367. Biochemistry Lab. 1 Credit Hour.

This inquiry-based laboratory course explores the molecular foundations of protein structure, function, and evolution through hands-on experimentation and hypothesis-driven research. Cross-listed to support Biochemistry and Cell Biology and Molecular Genetics lectures, it introduces students to advanced molecular biology techniques, such as recombinant DNA technology, site-directed mutagenesis, protein purification, and molecular graphics software for structural analysis. Students will engineer and characterize novel proteins (meaning results are not predetermined), gaining experience in experimental design, data interpretation, and scientific communication. Emphasis is placed on understanding the relationship between genetic information and protein properties, with applications in personalized medicine, biotechnology, and ethical decision-making. This lab prepares students for research-intensive and clinical environments, fostering skills and mindset essential for graduate study and professional practice. Students will evaluate their results in relation to other groups and present findings both orally in a poster presentation and in a written report at the end of the semester.

Pre/Corequisites: SCI 367 or SCI 382

Session Cycle: Every Spring Semester.

SCI L371. Human Impact on the Global Environment Lab. 1 Credit Hour.

This advanced laboratory course investigates a number of environmental topics pertaining to land and life. Interactive activities and experiments convey basic concepts of data collection, experimental design, analytical instrumentation, data analysis and interpretation, and risk assessment. These laboratory exercises also provide the necessary laboratory skills and techniques to conduct scientific research.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L373. Artificial Intelligence and Robotics Laboratory. 1 Credit Hour.

SCI L373 is the laboratory portion of artificial intelligence and robotics.

This lab must be taken concurrently with the lecture portion.

Session Cycle: Fall

Yearly Cycle: Alternate Years.

SCI L374. Organic Chemistry II Laboratory. 1 Credit Hour.

This laboratory course is the second in a two-semester organic chemistry progression. This course will use a self-directed curriculum to teach and reinforce topics and concepts in organic chemistry and build critical thinking skills. This course will employ microwave assisted organic synthesis, collaborative experimental design, analysis and debriefing of results. This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement.

Prerequisites: SCI L365

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L377. Microbiology Laboratory. 1 Credit Hour.

This laboratory course accompanies the Microbiology lecture course, which examines life at the microscopic level and is designed to provide an understanding of microbiology and its connectedness to the environment, medicine, agriculture, and industry. Topics will include exploration of the world of bacteria, viruses, protista, and fungi, preservation and safety; the role of microbes in biotechnology, industry, and agriculture, antibiotic resistance, viral and bacterial diseases of humans, and the use of microbes or microbial products in bioterrorism. Pre/Corequisites: this course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L379. Emergency Medical Technician I Skills Lab. 1 Credit Hour.

This lab is part one of a two-part series that will prepare students to take the National Registry examination for Emergency Medical Technicians (EMT). Students will learn the basic life support skills needed to stabilize and safely transport sick or injured patients who have accessed the emergency medical services (EMS) system. Specific skills covered in this class include CPR training, the use of protective equipment, medical documentation, medical and trauma assessment, lifting and moving, airway techniques, medication administration, management of bleeding, and splinting.

Prerequisites: SCI 251 Corequisite: SCI 379

Session Cycle: Alternative Fall Semesters.

SCI L380. Anatomy and Physiology Lab II. 1 Credit Hour.

This laboratory component of Anatomy and Physiology II course will serve as a continuance of Anatomy and Physiology I Lab, which will enable students to study in more depth the various human body systems. The laboratory exercises will include studies of 3-dimensional models and prepared slides, dissections of isolated organ systems, and observation of a virtual cadaver dissection, which will enable students to examine detailed structural features of key organs and systems, and better appreciate how the various body systems integrate.

Pre/Corequisites: This course may only be taken concurrently with the lecture course or in a subsequent semester to the lecture course; fulfills the laboratory requirement. Sophomore standing required

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L381. Kinesiology Lab. 1 Credit Hour.

This laboratory course is intended to complement the Human Kinesiology lecture course. Goniometric measurements of the major extremity joints and the spine will be performed. Functional analysis of muscle stretching, as well as activation of muscles during concentric and eccentric challenges will be completed. Students will explore the biomechanical forces on the joints during common exercises and explore how changing body position alters the level of resistance that is encountered. An analysis of the mechanics of human gait will also be performed.

Prerequisites: SCI 360 Anatomy and Physiology I (with lab) & SCI 387

Functional Musculoskeletal Anatomy

Corequisites: SCI 381 Human Kinesiology

Session Cycle: Spring

Yearly Cycle: Annual.

SCI L382. Cell Biology and Molecular Genetics Lab. 1 Credit Hour.

This inquiry-based laboratory course explores the molecular foundations of protein structure, function, and evolution through hands-on experimentation and hypothesis-driven research. Cross-listed to support Biochemistry and Cell Biology and Molecular Genetics lectures, it introduces students to advanced molecular biology techniques, such as recombinant DNA technology, site-directed mutagenesis, protein purification, and molecular graphics software for structural analysis. Students will engineer and characterize novel proteins (meaning results are not predetermined), gaining experience in experimental design, data interpretation, and scientific communication. Emphasis is placed on understanding the relationship between genetic information and protein properties, with applications in personalized medicine, biotechnology, and ethical decision-making. This lab prepares students for research-intensive and clinical environments, fostering skills and mindset essential for graduate study and professional practice. Students will evaluate their results in relation to other groups and present findings both orally in a poster presentation and in a written report at the end of the semester.

Pre-
Corequisites: SCI 367 OR SCI 382
Session Cycle: Every Spring Semester.

SCI L384. Emergency Medical Technician II Skills Lab. 1 Credit Hour.

This lab is part two of a two-part series that will prepare students to take the National Registry examination for Emergency Medical Technicians (EMT). Students will learn the basic life support skills needed to stabilize and safely transport sick or injured patients who have accessed the emergency medical services (EMS) system. Specific skills covered in this class include medication administration, management of trauma injuries and medical emergencies, lifting and moving, childbirth and pediatrics, management of mass casualty incidents, and well as other special scenarios.

Prequisites: SCI 379, SCI L379 Corequisites: SCI 384
Session Cycle: Alternate Spring Semesters.

SCI L401. Fundamentals of Strength and Conditioning Laboratory. 1 Credit Hour.

This laboratory course complements the Fundamentals of Strength and Conditioning lecture course. Students will engage in hands-on experiences with exercise equipment while designing and implementing aerobic and anaerobic exercise programs, including cardiovascular training, resistance training using free weights and machines, as well as functional exercise for strength, agility, balance and coordination. Warm up programs and stretching will also be covered. NOTE: This course is designed for students outside the Exercise and Movement Science major, and students may not receive credit for SCI L401 Fundamentals of Strength and Conditioning Lab if they have or will receive credit for SCI L476: Principles of Strength and Conditioning I Lab and/or SCI L477: Principles of Strength and Conditioning II Lab.

Pre/Corequisites: SCI 401
Prerequisites: SCI 251, and (SCI 353 or SCI 381).

SCI L476. Principles of Strength and Conditioning I Lab. 1 Credit Hour.

This laboratory course is intended to complement the Principles of Strength and Conditioning I lecture course. Laboratory sessions will provide the opportunity for students to practice designing stretching, resistance training, and aerobic exercise programs, while implementing the principle of periodization. Students will learn to apply progressions and regressions at the appropriate times, and to optimize athletic performance through manipulation of the program design.

Prerequisites: SCI 251 Biology I (with lab), SCI 360 Anatomy & Physiology I (with lab), SCI 380 Anatomy & Physiology II (with lab), SCI 352 Exercise Physiology, SCI 387 Functional Musculoskeletal Anatomy & SCI 381 Human Kinesiology (with lab)
Corequisites: SCI 476: Principles of Strength and Conditioning I
Session Cycle: Spring
Yearly Cycle: Annual.

SCI L477. Principles of Strength and Conditioning II Lab. 1 Credit Hour.

This laboratory course is intended to complement the Principles of Strength and Conditioning II lecture course. Laboratory sessions will provide the opportunity for students to practice designing anaerobic, as well as functional strengthening and conditioning programs, with integration of balance, core stabilization, coordination, agility, and plyometric activities. There will also be an opportunity to experience blood flow restriction training and other nontraditional techniques. Students will learn to apply progressions and regressions at the appropriate times, and to optimize athletic performance through manipulation of the program design.

Prerequisites: SCI 251, SCI L251, SCI 352, SCI 360, SCI L360, SCI 380, SCI L380, SCI 387, SCI 381, SCI L381, SCI 476 & SCI L476
Corequisites: SCI 477: Principles of Strength and Conditioning II
Session Cycle: Fall
Yearly Cycle: Annual.

SCI R265. Introductory Chemistry I Recitation. 0 Credit Hours.

This zero-credit recitation complements the SCI 265: Introductory Chemistry I lecture course. Students will engage in instructor-led practice problems to enhance their understanding of chemistry concepts covered in lectures. Attendance at recitation is a mandatory part of successfully completing the lecture course.

Corequisites: SCI 265: Introductory Chemistry I
Session Cycle: Every Fall.

SCI R267. Introductory Chemistry II Recitation. 0 Credit Hours.

This zero-credit recitation complements the SCI 267: Introductory Chemistry II lecture course. Students will engage in instructor-led practice problems to enhance their understanding of chemistry concepts covered in lectures. Attendance at recitation is a mandatory part of successfully completing the lecture course.

Corequisites: SCI 267: Introductory Chemistry II
Session Cycle: Every Spring.

SCI R365. Organic Chemistry I Recitation. 0 Credit Hours.

This zero-credit recitation complements the SCI 365: Organic Chemistry I lecture course. Students will engage in instructor-led practice problems to enhance their understanding of chemistry concepts covered in lectures. Attendance at recitation is a mandatory part of successfully completing the lecture course.

Corequisites: SCI 365: Organic Chemistry I
Session Cycle: Every Fall.

SCI R374. Organic Chemistry II Recitation. 0 Credit Hours.

This zero-credit recitation complements the SCI 374: Organic Chemistry II lecture course. Students will engage in instructor-led practice problems to enhance their understanding of chemistry concepts covered in lectures. Attendance at recitation is a mandatory part of successfully completing the lecture course.

Corequisites: SCI 374: Organic Chemistry II

Session Cycle: Every Spring.