

BACHELOR OF SCIENCE WITH A MAJOR IN EXERCISE AND MOVEMENT SCIENCE

Bachelor of Science with a Major in Exercise and Movement Science Curriculum Requirements

First-Year Gateway Experience

GFCL 100	Global Foundations of Character and Leadership
GFOB 100G	Global Foundations of Organizations and Business
WRIT 106	Writing Workshop
IDEA 101	Bryant IDEA: Innovation and Design Experience For All

Exercise and Strengthen Major Core Requirements

SCI 251 & SCI L251	Biology I Principles of Biology and Biology I Laboratory
SCI 352	Exercise Physiology
SCI 360	Anatomy and Physiology I
SCI 380	Anatomy and Physiology II
SCI 381 & SCI L381	Human Kinesiology and Kinesiology Lab
SCI 383	Human Health and Disease
SCI 386	Sports Nutrition
SCI 387	Functional Musculoskeletal Anatomy
SCI 391	Science Internship
SCI 471 & SCI L471	Exercise Testing and Prescription and Exercise Testing and Prescription Lab
SCI 476 & SCI L476	Principles of Strength and Conditioning I and Principles of Strength and Conditioning I Lab
SCI 477 & SCI L477	Principles of Strength and Conditioning II and Principles of Strength and Conditioning II Lab
PSY 481	Exercise and Sport Psychology

Choose One of the Following Tracks

Track #1 Applied Exercise and Coaching

Select Two courses from the following list:

COM 344	Sports Media Production
ECO 340	Sports Economics
LGLS 380	Sport and the Law
MATH 488	Sports Statistics
PSY 374	Introduction to Neuroscience
PSY 375	Health Psychology
SCI 379	Emergency Medical Technician [EMT] Basic
SCI 466	Global Health Challenges
SOC 360	Sociology of Sport
SCI HS300	Honors Special Topics in Science Application of Brain Science

Track #2 Healthcare Provider Prep

Students must pick two upper-level Science courses that are related to their future academic endeavors.

Liberal Arts Core Requirements

ECO 113	Microeconomic Principles
ECO 114	Macroeconomic Principles
LCS 121	Introduction to Literary Studies
MATH 121	Calculus and Analytic Geometry I
MATH 201	Statistics I
Two Humanities Survey Courses	
Liberal Arts Distribution -Modes of Thought ¹	
Two Social Science Modes of Thought	
One Historical Mode of Thought	
One Literary Mode of Thought	
Two Scientific Modes of Thought ²	

Business Minor Requirement

Selection is made from a variety of business minors (Business Administration, Entrepreneurship, Finance, Global Supply Chain Management, Human Resource Management, Information Systems, International Business, Management, Marketing, Marketing Analytics, and Sales).

¹ Mode of Thought requirement can be met by appropriate courses in the major.

² Include One Lab Science. One science course must be taken at the 300 or 400 level.

A minimum of 122 credits hours required for graduation